

War of the Wings 2017

Sellenger's Round

Playford (1657)

Arrangement: A circle of couples

Part 1

- 1-4 Take hands and circle 8 slip steps left
 5-8 Circle 8 slip steps back to the right
 9-10 Two singles into the center, clapping on the last beat
 11-12 Double backward to place
 13-16 Face partner, set and turn single
 17-24 Repeat 9-16

Part 2

- 1-4 All holding hands, forward a double into the center, and a double back out ("beer hall run")
 5-8 Repeat 1-4
 9-24 Repeat Part 1 (9-24)

Part 3

- 1-4 Side to right shoulders
 5-8 Side to left shoulders
 9-24 Repeat Part 1 (9-24)

Part 4

- 1-4 Arm right
 5-8 Arm left
 9-24 Repeat Part 1 (9-24)

Tangle Bransle

Arrangement: Line of dancers.

Double left, single right. Repeat, dancer on the left "tangling" the line.

Upon a Summer's Day

Playford (1651)

Arrangement: A longways set of 3 couples.

Part 1

- 1-4 Double forward, double back
 5-8 Set and turn single
 9-16 Repeat 1-8
 17-20 Take hands in lines, double forward (toward the other line) and back
 21-24 Bottom two men and bottom two women raise their joined hands to form an arch, while the first man and first woman go down the set in the center, go out through the arch on their own side, and meet at the bottom
 25-40 Repeat 17-24 twice, until all are in their original places

Part 2

- 1-4 Side to right shoulders
 5-8 Set and turn single
 9-12 Side to left shoulders
 13-16 Set and turn single
 17-40 Repeat Part 1 (17-40)

Part 3

- 1-4 Arm right
 5-8 Set and turn single
 9-12 Arm left
 13-16 Set and turn single
 17-40 Repeat Part 1 (17-40)

War Bransle

Arbeau (1589)

Arrangement: A circle of dancers.

Part A (Peace)

- 1-8 Double left, double right, double left, double right
 9-16 Repeat 1-8

Part B (War- music is the same speed, dancers move twice as fast)

- 17-18 Double left, double right
 19 Single left, single right
 20 Double left
 21 Single right, single left
 22 Double right
 23 Single left, kick left, kick right
 24 Kick left, bring feet together, jump

Washerwoman's Bransle

Arbeau (1589)

Arrangement: A circle of dancers.

Part A

- Double left, double right.
 Repeat.

Part B

- Face partner, single left and right (essentially setting to partner) men wag fingers at women.
 Repeat with women wagging fingers.

Part C

- Face in, double left, clapping hands (once per beat).
 Double right (no clapping).
 Double left, clapping hands.
 Turn around in place to left using 4 kicks.

15th C. Italian

- Amoroso..... 2
 Anello 2
 Petit Riens 6

16th C. Italian

- Ballo del Fiore 2

Bransles

- Horse's Bransle..... 4
 Maltese (Turkish) Bransle..... 5
 Official Bransle 6
 Tangle Bransle..... 8
 War Bransle..... 8
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Inns of Court/Other

- Black Alman..... 3
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English Country

- Black Nag..... 3
 Gathering Peascods..... 3
 Hearts Ease 4
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Set 1

- Amoroso
 Black Nag
 Black Alman
 Anello
 Petit Vriens
 Washerwoman's Bransle

Set 2

- Official Bransle
 Maltese Bransle
 Parson's Farewell
 Hearts Ease
 Sellengers Round
 Picking of Sticks

Set 3

- Gathering Peascods
 Newcastle
 Horse's Bransle
 Jenny Pluck Pears
 Heralds in Love
 Gelosia

Set 4

- Ballo Del Fiore
 War Bransle
 Upon a Summer's Day
 Tangle Bransle
 Ruffy Tufty
 Carolingian Pavane

These notes were compiled by Lord Bryan Morgan (mka David Oxford), updated by Lady Nicolosa d'Isenfir (mka Kendra Schmid) from numerous sources, including *SCA Dance Cheat Sheets* by Greg Lindahl, *Joy and Jealousy* by Vivian Stephens and Monica Cellio, *Court & Country - Dances of the Renaissance in England and France* by Alex Clark, and *The Rose & Nefr Dance Manual* by Susan Henry. Many notes are my own reconstructions from original sources (including *The English Dancing Master* by John Playford and *Orchesography* by Thoinot Arbeau). *Gresley* Manuscript by Dansmelya and Bildner. Any original material from other sources may have been edited to conform to how the dances are done in Isenfir and to fit the style of the other notes in this booklet.

Updated 9/2/2017

Amoroso

Ebreo (1475)

Arrangement: One couple

Part A

1-12 12 Pive (starting left)

Part B

13-16 Man leaves woman with 2 steps (starting left), 1 piva, 3 steps (ending on a half-bar)
17-20 Woman same to catch up

Part C

21-24 Man leaves woman with 3 pive (starting left), step (ending on a half-bar)
25-28 Woman same to catch up

Part D

29-31 Man leaves woman with 2 steps (starting left), piva, 2 steps
32 Man finishes with step right, and mezzavolta to face woman
33 Both reverenza left
34-37 Man returns with 3 pive (starting left), step (ending on a half-bar)
38-46 Repeat Part D with woman leaving

The entire dance then repeats, with the woman doing everything first.

Anello

Domenico (1450)

Arrangement: two couples, one behind the other

Part A

1-6 6 Saltarelli, starting left
7 Saltarello left, drop hands
8 Saltarello right, spreading out to form a square set, first couple turning as a unit to face the second couple

Part B

9 Men movimento, women movimento
10-11 Men 2 saltarelli (starting left) to trade places, passing through center by right shoulders
12-14 Repeat with women going first and trading

Part C

15 Men movimento, women movimento
16 Men voltatonda (starting left) (turn around)
17-18 Repeat with women going first and turning

Part D

19-20 Men do 4 pive (starting left, 2 per bar) to trade places, going outside the square and behind their partner
21-22 Repeat, with women trading places

Part E

23 Men movimento, women movimento
24 Repeat
25 Men ripresa right (towards partner, take hands)
26 Reverenza left

Repeat the dance, with the women going first. The first couple needs to wheel around to reform the original formation.

Ballo del Fiore

Caroso (1581)

Arrangement: Couples

Part 1

Man finds and approaches woman with 4 doubles.

Chorus

Man takes woman's left hand in his right.
Continenza Left
Continenza Right (both very slow)
Riverenza (also very slow)

Part 2

Man and woman dance together four doubles (two plain doubles, then two scurrying doubles (seguiti scorsii) if desired, although regular doubles are often used)

Chorus

Part 3

Man and Woman use two doubles to turn over left shoulders, then two more doubles to pass onto opposite sides, separating and ending facing one another. (referred to as "The J-Figure")

Chorus

Part 4

Four doubles, zigzagging, to come together.

Chorus

Ladies take flower from men, and go in search of a new partner using four doubles.

Dance repeats as many times as music.

Part 3

29-30 Man 1 doppio (starting left) to leave the group
31-32 Woman doppio to catch up with man 1
33-34 Man 2 doppio to catch up

Part 4

35-36 Man 1 and woman take hands and reverenza
37-38 Woman and man 2 take hands and reverenza
39-40 All 3 reverenza

Part 5

41-42 All doppio left backward
43-44 All doppio right forward
45-46 Ripresa left and right
47-48 Voltatonda (on left, turning left).

Repeat dance.

Picking Of Sticks

Playford (1651)

Arrangement: A longways set of three couples.

Part 1

1-4 Double forward and back
5-8 Repeat
9-10 First man changes with second woman
11-12 First man changes with third man
13-16 Take hands with person across from you, all forward and back a double
17-18 First woman changes with second man
19-20 First woman changes with third woman
21-24 Take hands with person across from you, all forward and back a double
25-56 Repeat changes and double forward/back, each time beginning with the person in the first man's position, until all return to place; note that throughout this sequence, half of the time you will be dancing with someone of the same gender

Part 2

1-4 Side to right shoulders
5-8 Side to left shoulders
9-10 Couple 1 take both hands and slip down into couple 2's position, while couple 2 moves up into couple 1's position. At the same time, couple 3 cross and begin to skip around the entire set
11-12 Couple 2 take both hands and slip down to their own place, while couple 1 moves up into their original position
13-16 Repeat 9-12, with couple 3 returning to position at the end

17-18 Couple 3 take both hands and slip up between couple 2, who move down into couple 3's place, while couple 1 begins to skip around the entire set
19-20 Couple 2 take both hands and slip back up to place, while couple 3 move down to place
21-24 Repeat 17-18, with couple 1 returning to place at the end

Part 3

1-4 Arm right
5-8 Arm left
9-32 Men's sheepskin hey - begin with man 1 leading the men forward and around outside the women, then between women 1 and 2 and weaving between all of them. Man 3 reverses direction as he passes woman 2, who can assist him by turning him around. He now leads until man 2 reaches woman 2 and reverses direction to lead, until man 1 reaches woman 2 and reverses to again take the lead, lead the men out between women 2 and 3, around the end of the set and up their own side to places
33-56 Women's sheepskin hey - as with the men

Ruffy Tufty

Playford (1651)

Arrangement: Two couples facing.

Part 1

1-4 Double forward and back (toward your contrary)
5-8 Repeat.
9-12 Set and turn single
13-16 Set and turn single
17-20 Take partner's hand, double out away from the other couple, turn around, switch hands, double back
21-22 Turn single
23-36 Repeat 9-22 with contrary

Part 2

1-4 Side to right shoulders
5-8 Side to left shoulders
9-36 Repeat Part 1 (9-36)

Part 3

1-4 Arm right
5-8 Arm left
9-36 Repeat Part 1 (9-36)

- 16 Fall into lines up and down the room, original heads at ends of lines (that is, having just reformed the square, the side couples grab the closest member of each head couple and form two lines facing)
- 17-18 Lines double backward
- 19-20 All turn single
- 21-23 Lines go forward, meet and cross over
- 24 Fall into lines across the room, original side couples at ends of lines (head couples should be in the middle of the lines, with each head person's original corner on their end of the line)
- 25-26 Lines double backward
- 27-28 All turn single
- 29-31 Lines go forward, meet and cross over
- 32 All return to original positions

**Official Bransle
Arbeau (1589)**

Arrangement: A circle of couples.

Part A

Double left, double right. Repeat.

Part B

Six singles left.
Woman steps in front of her partner.
Woman jumps, and the man guides her to the left, everyone gaining a new partner.

Repeat Part B.

**Parsons Farewell
Playford (1651)**

Arrangement: Two couples facing.

Part 1

- 1-2 Couples meet a double
- 3-4 Each couple 4 slips to the left
- 4-6 Couples back a double
- 7-8 Each couple 4 slips to the right
- 9 Men rise and nod to each other
- 10 Women rise and nod to each other
- 11-12 All rise 4 times, nodding in turn to contrary, corner (of same gender), partner, and the set in general
- 13-16 Turn contrary once around by two hands
- 17-24 Repeat 9-16, women rising first

Part 2

- 1-2 Couples meet a double
- 3-4 Lead contrary out a double
- 5-6 Lead contrary back in a double
- 7-8 Fall back with partner to places
- 9-10 Men cross by touching right hands and then pulling past by left hands

- 11-12 Turn contrary once around by the right hand
- 13-14 Men cross back by left hands
- 15-16 Turn partner once around by the right hand
- 17-18 Women cross by touching left hands and pulling past by right hands
- 19-20 Turn contrary once around by the left hand
- 21-22 Women cross back by right hands
- 23-24 Turn partner once around by the left hand

Part 3

- 1-2 Partners take both hands and meet other couple with 4 slips
- 3-4 Take contrary by both hands and slip out 4 slips
- 5-6 Slip back in 4 slips
- 7-8 Fall back with partner to place
- 9-10 Partners turn once around by right hands
- 11-12 Men cross left shoulders while women make a small loop from their places to pass through their partner's place and follow two beats behind him, all meeting contrary by right shoulders
- 13-14 Pass contrary by right shoulders, men passing through contrary's original position and making a small loop to move into the other man's original place, while women pass left shoulders and end in each other's original place
- 15-16 Turn partner once around by the right hand
- 17-18 Partners turn around once by the left hand
- 19-20 Women cross right shoulders while men make a small loop from their places to pass through their partner's place and follow two beats behind her, all meeting contrary by left shoulders
- 21-22 Pass contrary by left shoulders, women passing through partner's original position and making a small loop to move into their own original position, while men pass right shoulders and end in their own original place
- 23-24 Turn partner once around by the left hand

**Petit Riens
Ebreo (1475)**

Arrangement: 3 people in a line (M1-W-M2)

Part 1

- 1-16 16 Pive, starting on left.

Part 2

- 17-20 Man 1 take 4 pive (starting left) to leave the group
- 21-24 Woman take 4 pive to catch up with man 1
- 25-28 Man 2 take 4 pive to catch up

**Black Alman
Inns of Court (1570)**

Arrangement: A processional line of couples.

- 1-8 Four doubles forward, face partner and drop hands
- 9-10 Double backward away from partner
- 11-12 Double forward toward partner
- 13-14 Quarter-turn left (men face up the hall, women face down the hall), double forward up or down the hall
- 15-16 Turn around over your right shoulder, double forward to place
- 17-20 Face partner, men set and turn in place
- 21-24 Women do the same.
- 25-26 Take both hands, turn halfway (clockwise) using one double into partner's place
- 27-28 Four slip steps up hall
- 29-30 Turn halfway back to your own side
- 31-32 Four slip steps down hall.
- 33-34 Drop hands, double backward away from partner
- 35-36 Double forward toward partner.

Repeat with the women set& turn first

**Black Nag
Playford (1657)**

Arrangement: A longways set of 3 couples.

Part 1

- 1-4 Double forward and back
- 5-8 Repeat
- 9-10 Face partner, take 2 hands. First couple 4 slips up hall
- 11-12 Second couple 4 slips up the hall
- 13-14 Third couple 4 slips up the hall
- 15-16 All turn single
- 17-24 Couples slip back to place in reverse order, all turn single

Part 2

- 25-32 Siding
- 33-34 First man and 3rd woman change places (passing face to face)
- 35-36 First woman and 3rd man do the same
- 37-38 Second man and second woman do the same
- 39-40 All turn single
- 41-48 Do the changes again (in the same order) to return to place, all turn single

Part 3

- 49-56 Arming
- 57-64 Men hey
- 65-72 Women hey

**Carolingian Pavan
SCA Choreography**

Arrangement: A processional line of couples.

One "pavan set" of steps is a single, single, double.

Part A

- 1-8 One pavan set forward, starting left
- 9-16 One pavan set forward
- 17-24 One pavan set backward
- 25-32 One pavan set forward

Part B

- 1-16 Men kneel. Women go around men clockwise in 2 pavan sets
- 17-32 Men rise. Men go around women in 2 pavan sets

**Gathering Peascods
Playford (1651)**

Arrangement: A circle of couples

Part 1

- 1-4 Eight slip steps to the left
- 5-6 Turn single
- 7-10 Eight slip steps to the right
- 11-12 Turn single

Chorus

- 13-18 Men go in, take hands, slip left 8 and go back out
- 19-24 Women go in, take hands, slip left 8 and go back out, returning to their partner
- 25-26 Men double forward and clap
- 27-28 Women double forward and clap while men go back to place
- 29-30 Men double forward but don't clap while women return to place
- 31-32 Men return to place, turning single as they do so
- 33-40 Repeat 25-32 with women going in first

Part 2

- 41-46 Side to right shoulders and turn single
- 47-52 Side to left shoulders and turn single
- 53-80 Repeat chorus (13-40) with women going in first, then men

Part 3

- 81-86 Arm right and turn single
- 87-92 Arm left and turn single
- 93-120 Repeat chorus (13-40)

Hearts Ease

Playford (1651)

Arrangement: A set of 2 couples (facing each other). Rotate sets 90 degrees from other sets

Part 1

- 1-4 Double toward the other couple and double back
5-8 Repeat 1-4.
9-10 Face your partner and double backward away from them
11-12 Double toward partner
13-16 Turn your contrary by the right hand one time around
17-18 Face your contrary and double backward away from them
19-20 Double toward contrary
21-24 Turn your partner by the left hand one time around

Part 2

- 25-28 Side to right shoulders with your partner
29-32 Side to left shoulders with your *contrary*
33-48 Repeat 9-24

Part 3

- 49-52 Arm right with your partner
53-56 Arm left with your *contrary*
57-72 Repeat 9-24

Heralds in Love

SCA Choreography by Lord Iulstan Sigewealding

Arrangement: A line of four couples:
women- 2 4 6 8
men- 1 3 5 7

First verse

- 1-8 Double forward and back
9-16 Set and turn R
17-32 Repeat, setting and turning L.

First chorus

- 33-64 2, 3, 6, and 7 stand by, clapping to the beat, while 1, 4, 5, and 8 do a hey, as follows:
33-35 1 and 4 change places by their R hands 5 and 8 change places by their R hands
36 1 and 8 face each other and extend L hands
37-39 1 and 8 change places by their L hands 4 and 5 turn 180 degrees over their L shoulders (CCW)
40 1 and 5 face each other and extend R hands 4 and 8 face each other and extend R hands
41-43 1 and 5 change places by their R hands 4 and 8 change places by their R hands
44 4 and 5 face each other and extend L hands

- 45-47 4 and 5 change places by their L hands 1 and 8 turn 180 degrees over their L shoulders (CCW)
48 1 and 4 face each other and extend R hands 5 and 8 face each other and extend R hands
49-63 (like 33-47, except that the participants start from different positions in the line)
64 All even up the line and face partners

Second verse

- 65-72 All side R with partner
73-80 All set-and-turn R
81-88 All side L with partner
89-95 All set-and-turn L
96 1, 4, 5, and 8 back apart one step 3 and 6 face each other and extend R hands

Second chorus

- 97-127 1, 4, 5, and 8 stand, clapping to the beat, while 2, 3, 6, and 7 do a hey, as follows:
97-99 3 and 6 change places by their R hands 2 and 7 turn over their R shoulders (CW)
100 3 and 7 face each other and extend L hands 2 and 6 face each other and extend L hands [and so forth ...]
128 All even up the line and face partners

Third verse

- 129-136 All arm R with partner
137-144 All set-and-turn R
145-152 All arm L with partner
153-159 All set-and-turn L
160 1 and 4 face each other and extend R hands 3 and 6 face each other and extend R hands 5 and 8 face each other and extend R hands

Third chorus

- 161-191 1, 4, 5, and 8 do a hey while 2, 3, 6, and 7 do a hey, as follows:

- 161-163 1 and 4 change places by their R hands (9-16) and weave (1-8) until each dancer has gotten to weave.
3 and 6 change places by their R hands
5 and 8 change places by their R hands
2 and 7 turn over their R shoulders (CW)
164 1 and 8 face each other and extend L hands 3 and 7 face each other and extend L hands 2 and 6 face each other and extend L hands [and so forth ...]

Horse's Bransle Arbeau (1598)

Arrangement: Couples

Part A

Take partner by both hands, with the lady having one arm behind her back, both facing the same direction.
Dance 8 galloping doubles about the room.

Part B

Stop and face partner. Men stomp twice, step to right, turn over left shoulder, back to place.
Women paw ground twice, step to right, turn over left shoulder, back to place.

Dance repeats.

Jenny Pluck Pears Playford (1651)

Arrangement: A circle of 3 couples.

Part 1

- 1-4 Eight slip steps to left
5-8 Face partner, set and turn single
9-12 Eight slip steps to right
13-16 Face partner, set and turn single
17-18 First man places first woman into the center of the circle, facing him
19-20 Second man does the same
21-22 Third man does the same
23-24 Reverence
25-32 Men skip clockwise around circle, outside women
33-40 Men skip counter-clockwise back to place
41-46 Men hand out women in same order
47-48 Reverence

Part 2

- 1-8 Side to right shoulders, set and turn single
9-16 Side to left shoulders, set and turn single
17-48 Repeat Part 1: 17-48, but the women placing the men in the center and skipping about the set

Part 3

- 1-8 Arm right, set and turn single
9-16 Arm left, set and turn single
17-48 Repeat Part 1: 17-48

Maltese (Turkish) Bransle SCA Choreography

Arrangement: A circle of dancers.

Part A

Double left, double right. Repeat.

Part B

Raise hands, three singles into center, clap 3 times.
Three singles out to place, clap or kick 3 times.

Newcastle

Playford (1651)

Arrangement: A round set or square of 4 couples.

Part 1

- 1-4 All take hands, double into center, fall back
5-6 Partners set
7-8 "Nexts" set (to find your next, face your partner, turn slightly in toward the set, and find the next person of the opposite gender)
9-16 Repeat 1-8
17-20 Partners arm right, ending with men forming a left-hand star
21-24 Men go once around while women skip quickly around them clockwise to original places (note that this all happens very quickly)
25-28 Partners switch by arming right 1/2, placing women into a left-hand star
29-32 Women go once around while men skip quickly around them, clockwise to places, ending in original places facing partner

Part 2

- 1-4 Partners side to right shoulders and fall back
5-8 Partners side to left shoulders, then balance back and pass on, ending facing their nexts
9-12 Nexts side to right shoulders and fall back
13-16 Nexts side to left shoulders, then balance back and pass on, ending facing their original contraries, having rotated 1/4 around the set
17-18 Original head couples (now at sides, partners switched) lead forward a double into the center
19-20 Head couples turn and lead out a double and make arches while original side couples cast away from current "partner" around the outside
21-24 Side couples meet original partners, pass through the arches, meet contraries again, and fall back to place
25-32 Repeat 17-24 with side couples making the arches and head couples casting

Part 3

- 1-4 Arm right with current partner
5-8 Arm left one and a half times to pass on, ending facing next person
9-12 Arm right with new partner
13-15 Arm left one and a half times to pass on, ending facing original partners