

1. Black Nag
2. Rostiboli Gioioso
3. Boatman
4. Anello
5. Montarde Bransle
6. Old Mole
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8. Contrapasso en Due (if extra time)

Anello

Domenico (1450)

Arrangement: two couples, one behind the other

Part A

- 1-6 6 Saltarelli, starting left
- 7 Saltarello left, drop hands
- 8 Saltarello right, spreading out to form a square set, first couple turning as a unit to face the second couple

Part B

- 9 Men movimento, women movimento
- 10-11 Men 2 saltarelli (starting left) to trade places, passing through center by right shoulders
- 12-14 Repeat with women going first and trading

Part C

- 15 Men movimento, women movimento
- 16 Men voltatonda (starting left) (turn around)
- 17-18 Repeat with women going first and turning

Part D

- 19-20 Men do 4 pive (starting left, 2 per bar) to trade places, going outside the square and behind their partner
- 21-22 Repeat, with women trading places

Part E

- 23 Men movimento, women movimento
- 24 Repeat
- 25 Men ripresa right (towards partner, take hands)
- 26 Reverenza left

Repeat the dance, with the women going first. The first couple needs to wheel around to reform the original formation.

Black Nag

Playford (1657)

Arrangement: A longways set of 3 couples.

Part 1

- 1-4 Double forward and back
- 5-8 Repeat
- 9-10 Face partner, take 2 hands. First couple 4 slips up hall
- 11-12 Second couple 4 slips up the hall
- 13-14 Third couple 4 slips up the hall
- 15-16 All turn single
- 17-24 Couples slip back to place in reverse order, all turn single

Part 2

- 25-32 Siding
- 33-34 First man and 3rd woman change places (passing face to face)
- 35-36 First woman and 3rd man do the same
- 37-38 Second man and second woman do the same
- 39-40 All turn single
- 41-48 Do the changes again (in the same order) to return to place, all turn single

Part 3

49-56 Arming

57-64 Men hey (start by passing right shoulders)

65-72 Women hey (start by passing right shoulders)

Boatman**Playford (1657)**

Arrangement: Set of three couples.

Part 1

1-4 Double forward and back

5-8 Set and turn single

9-16 Repeat 1-8

17-21 First couple and second man hey, while third couple and second woman hey, all returning to place

22-24 Take both hands with partner and turn once around clockwise

25-32 Repeat 17-24, the second man going the hey with the third couple, and the second woman with the first couple

Part 2

33-40 Side to right shoulders, set and turn single

41-48 Side to left shoulders, set and turn single

49-50 The second man and the first couple take hands in a circle and go halfway around to the right (counterclockwise), while the first man and the third couple do the same

51-52 Open the circles into two lines facing, with the second man and second woman in the middle of each line, and fall back a small double

53-56 Meet your partner by both hands and turn to the right to original places

57-64 Repeat 49-56, the second man circling with the third couple and the second woman with the first couple, and circling to the left (clockwise)

Part 3

65-72 Arm right, set and turn single

73-80 Arm left, set and turn single.

81-84 First and last man and second woman take hands and circle once around the second man

85-88 The second couple turns once around by both hands to place

89-92 First and last women and second man take hands and circle once around the second woman

93-96 The second couple turns once around by both hands to place

Contrapasso en Due**Caroso (1581)**First SectionA1 (First Repeat):

Riverenza L

2 Continenze L, R

A1 (Second Repeat):

2 Singles L,R, 1 Double L

2 Singles R, L backwards

2 Reprise R,R

A1 (Third Repeat):

2 Singles L,R; 1 Double L

2 Singles R, L backwards

2 Reprise R, R

B1:

Holding R Hands, Circling L

2 Singles L, R; 1 Double (L)

Holding L Hands, Circling R

2 Singles (R, L); 1 Double (R)

B2:

Facing Partner Figure 8 Circles
2 Doubles L, R circling L away from partner and ending where you started
2 Doubles (R, L) circling R away from partner and ending where you started

B1:

Holding R Arms, Circling L
2 Singles L, R; 1 Double (L)
Holding L Arms, Circling R
2 Singles (R, L); 1 Double (R)

B2:

Facing Partner - Figure 8 Circles

B1:

Holding Both Hands, Circling L
2 Singles L R; 1 Double (L)
Holding Both Hands, Circling R
2 Singles (R, L); 1 Double (R)

B2:

Facing Partner
Women Figure 8 Circles as before
Men 2 Doubles L R flanking BCK
Men 2 Doubles R L flanking FWD

Second Section

A1 (All Repeats):

Doubles (L, R, L, etc.)
8 Doubles (some music has 12)

B1:

Riverenza L
2 Continenze L R

B2:

Facing Partner
Figure 8 Circles

B1:

Men Advancing/Women Retreating
Men 2 Singles L R; 1 Double L
Women 2 Singles R L; 1 Double R
Women Advancing/Men Retreating
Women 2 Singles L R; 1 Double L
Men 2 Singles R L; 1 Double R

B2:

Facing Partner
Figure 8 Circles

B1:

Men alone Riverenza L
Women alone Riverenza L

B2:

Facing Partner
Women Figure 8 Circles as before
Men 2 Doubles L R flanking BCK
Men 2 Doubles R L flanking FWD

Lo Spagnoletto Negri (1602)

Setting: Two couples in a circle facing inwards.
The dance has seven parts, each part has three sections (A, B, and C). Sections B and C of each part are identical, and only section A changes throughout the dance.

Sequito is two steps, then spetzato

Part 1

Section A

- 1-2 "Riverenza breve" -- done in two bars in the same way as a riverenza minima, concluding with a small jump.
- 3-4 Seguito, stepping to the left around the circle.
- 5-6 Two fioretti spetz, left then right.
- 7-8 Seguito, stepping to the left again.

Section B

- 9-10 Three sottopiede, followed by a cadenza.
- 11 Trabuchetto, to the right.
- 12 Seguito left, turning on the spot.
- 13-14 Three sottopiede, followed by a cadenza, this time traveling to the right.
- 15 Trabuchetto to the left.
- 16 Seguito right, turning on the spot.

Section C

- 17-18 Two passi backwards, right then left.
- 19-20 Seguito left, moving forwards into place.
- 21-22 Two passi backwards, again beginning on the right.
- 23-24 Seguito right, moving forwards into place.

Part 2

Section A -- Ladies only

- 1-2 2 passi forwards into the center of the circle, so as to move closer together.
- 3-4 Seguito on the left foot, moving past each other right shoulder to right shoulder, and around into each other's places.
- 5-6 Two spezzati, moving back around the circle to the right.
- 7-8 Seguito back into place with the right foot.

Section B: Ladies only repeat section B above.

Section C: All repeat section C above.

Part 3

Repeat part 2, this time the men doing what the ladies did.

Part 4

Section A

All dance around the circle to the left.

- 1-4 Facing to the left, moving around the circle 2 spezzati, 1 sequito.
- 5-8 Continuing to move around the circle to the left. 2 spezzati, 1 sequito.

Section B: All repeat section B above.

Section C: All repeat section C above.

Part 5Section A

Ladies only, dancing around the inside of the circle to the left, turning their right sides forwards as they move to the left.

- 1 Two passi, left then right. These are one beat each, done towards the opposite lady.
- 2 Trabuchetto left then right.
- 3-4 Seguito left, moving shoulder to shoulder around the opposite lady.
- 5 Two steps, left then right, moving back towards your original place.
- 6 Trabuchetto right then left, back to back with the opposite lady.
- 7-8 Seguito left back into place.

Section B: Ladies only repeat section B above.

Section C: All repeat section C above.

Part 6

Repeat part 5, this time the men doing what the ladies did.

Part 7Section A

Men take their partners by the right arm, and dance around them, then take the left arm of the contrary, and dance around them.

- 1-4 Two spezzati and a seguito around your partner.
- 5-8 Two spezzati and a seguito around your contrary.

Section B: All repeat section B above.

Section C: All repeat section C above.

Montarde Bransle**Arbeau (1589)**

Arrangement: A line of 4 dancers

- 1-8 Take 4 left doubles, following the leader around the room
 - 9-10 First person turns in place with 4 kicks
 - 11-16 Second turns likewise, then third, then fourth
 - 1-8 Take 4 left doubles, while the first dancer weaves (in front of the second dancer, behind the third, etc) to the end of the line
- Repeat kick (9-16) and weave (1-8) until each dancer has gotten to weave.

Old Mole**Playford (1651)**

Arrangement: Three couples longways set.

Verse 1:

(face up the hall) D fwd, D back (face partner) Set & Turn, repeat
 All turn L (M facing up, W facing down) D fwd, D back (face partner) Set & Turn
 All turn R (M facing down, W facing up) D fwd, D back (face partner) Set & Turn

Chorus 1: "Bait and Switch"

M1 and W3 D fwd toward each other, D back, 2xD fwd to switch places
 M3 and W1 do likewise
 M2 and W2 do likewise

Verse 2: "Red Rover"

(M2M3 hands, W1W2 hands) All D fwd, D back,

D+½ fwd (W3 passing under M2M3's arms, M1 passing under W1W2's arms), all rotate 90 degrees to face opposite line. (repeat total of 4x)

Chorus 2: "Bait and Switch" Revisited

Repeat Chorus 1

Verse 3:

All D fwd. Ends D back, while M2W2 remain.

Couples (M1M3, M2W2, W1W3) turn each other.

Couples Side R, turn each other and break back to M's and W's lines. Men Hey. Women Hey.

Chorus 3:

All Circular Hey. M1/W1 cast off, M/W following.

Reverse, M3/W3 cast off, M/W following. Reverence.

**Rostiboli Gioioso
Domenico (1475)**

Arrangement: one couple.

Part 1

1-2 Ripresa left, ripresa right, (drop hands),

3-5 Man leaves with 2 sempii (starting left), 2 doppi, ending with meza volta right to face woman

6-7 Both ripresa left, ripresa right

8-10 Man returns with the same steps, (take hands)

1-10 Repeat, with woman leaving

Part 2

11-12 Ripresa left, ripresa right, (drop hands)

13-16 Both do 2 sempii (starting on left), 3 doppi, (drop hands)

17-18 Volta del Gioioso (2 sempii to turn 360 degrees to left, ripresa right)

11-18 Repeat

Part 3

19-26 (twice) 16 Saltarelli (starting left), (drop hands)

Part 4

27 Man movimento

28 Woman movimento

29-30 Man doppio left to leave

31 Woman movimento

32 Man movimento

33-34 Woman doppio left to join man

27-34 Repeat on other foot, man still going first

Repeat dance, with the woman doing everything first.