

1. (No call) Black Alman
2. (No call) Hyde Park
3. Mary Grace's Rose
4. Grimstock
5. Scotch Cap
6. Belfiore
7. Picking of Sticks
8. Gioioso in Tre
9. Parson's Farewell
10. Colonesse

**Belfiore
Domenico (1581)**

Arrangement: Three dancers in a line holding hands, Man 1 on left, Woman in middle, Man 2 on right

Part A

1-12 12 pive, starting left (slower than usual)

Part B

- 13 Man 1 doppio left
- 14 Woman doppio left, to catch up
- 15 Man 2 doppio left, to catch up

Part C

- 16 Man 1 movimento
- 17 Woman movimento
- 18 Man 2 movimento

Part D

- 19 Man 1 voltatonda (4 steps, ccw)
- 20 Woman voltatonda
- 21 Man 2 voltatonda

Part E

- 22-24 Man 1 piva left, piva right, piva left, going behind the others, and ending to the right of Man 2
- 25-27 Woman does the same, ending beside Man 1
- 28-30 Man 2 does the same

Part F

31-32 Men doppio right, changing places, Man 2 going in front of Woman, Man 1 going behind her.

33-36 Woman does a "figure-6" = 4 pive starting left, going to her right behind Man 1, circles him, goes behind Man 2 to end on his left

Do dance twice more, rotating roles.

**Black Alman
Inns of Court (1570)**

Arrangement: A processional line of couples.
All steps are alman steps

1-8 Four doubles forward, face partner and drop hands

9-10 Double backward away from partner

11-12 Double forward toward partner

13-14 Quarter-turn left (men face up the hall, women face down the hall), double forward up or down the hall

15-16 Turn around over your right shoulder, double forward to place

17-20 Face partner, men set and turn in place

21-24 Women do the same.

25-26 Take both hands, turn halfway (clockwise) using one double into partner's place

27-28 Four slip steps up hall

29-30 Turn halfway back to your own side

31-32 Four slip steps down hall.

33-34 Drop hands, double backward away from partner

35-36 Double forward toward partner.

Repeat with the women setting and turning in place first (measures 17-20), followed by the men (21-24).

Colonesse
Ebreo (1463)

Arrangement: Line of 3 couples.

Part 1 (in 6)

1-16 16 Saltarelli

Part 2 (in 6)

17-26 C1 stands still

C2 takes right hands and circles SL,SR, DL, then back again with left hands SR, SL, DR, then riverenza.

C3 weaves to the top with 2 singles and 4 doubles, man ending improper.

17-26 Repeat with new couples

17-26 Repeat with new couples

Part 3 (in 2)

27-29 Men circle partner CW with 3 piva

30-32 Women circle partner CW with 3 piva

Part 4 (in 4)

33 Men movimento

34 Women movimento

35-36 Double back

37-38 Double forward, turning over "lower" shoulder (shoulder toward foot of the hall), ending facing forward.

Repeat dance, reversing roles.

Gioioso in Tre
Ebreo (1463)

Arrangement: one woman and two men:M1-W-2

Part 1

1-2 All ripresa left, ripresa right, (drop hands),

3-5 Woman takes 2 sempii (starting left) to meet M1, and arms left with him with 2 doppi (L & R)

6-7 All ripresa left, ripresa right

8-10 Woman takes 2 sempii (starting right) to meet M2, and arms right with him with 2 doppi

11-12 All ripresa left, ripresa right

13-15 Men cross in front of woman with 2 sempii and 2 doppi, passing left shoulders

16-20 Repeat 11-15

Part 2

11-12 Ripresa left, ripresa right, (drop hands)

13-14 All do 2 sempii (starting on left) and 1 doppio forward (drop hands)

15-16 Woman ripresa right, ripresa left, as men volta tonda

17-18 Volta del Gioioso (2 sempii to turn 360 degrees to left, ripresa right)

11-18 Repeat

Part 3

19-26 (twice) 16 Saltarelli (starting left), (drop hands)

Part 4

27 Woman movimento

28 Men movimento

29-30 Woman doppio left to leave

31 Men movimento

32 Woman movimento

33-34 Men doppio left to join woman

27-34 Repeat on other foot, woman still going first, but all turn around after their doppio

Repeat dance.

Grimstock
Playford (1651)

Arrangement: A longways set of 3 couples

Part 1

1-4 Double forward and back

5-8 Set and turn single.

9-16 Repeat 1-8

17-24 Mirror hey: men do right shoulder hey while women do a left shoulder hey. First couple starts by moving towards each other, while second couple starts by moving apart, until all come to place

Part 2

- 25-28 Side right
 29-32 Set and turn single
 33-40 Side left, set and turn single
 41-48 Over-and-under figure, a la Trenchmore, sometimes called an arched hey. First couple starts by going under an arch made by second couple, and then forms an arch over the third couple, while the second couple turns around, until all come to place

Part 3

- 49-52 Arm right
 53-56 Set and turn single
 57-64 Arm left, set and turn single
 65-68 Half mirror hey, with the first couple beginning by crossing right shoulders and going on the inside
 69-72 Half mirror hey, with the first couple (who are in third position) beginning by crossing

Hearts Ease**Playford (1651)**

Arrangement: A set of 2 couples (facing each other). Rotate sets 90 degrees from other sets

Part 1

- 1-4 Double toward the other couple and double back
 5-8 Repeat 1-4.
 9-10 Face your partner and double backward away from them
 11-12 Double toward partner
 13-16 Turn your contrary by the right hand one time around
 17-18 Face your contrary and double backward away from them
 19-20 Double toward contrary
 21-24 Turn your partner by the left hand one time around

Part 2

- 25-28 Side to right shoulders with your partner
 29-32 Side to left shoulders with your *contrary*
 33-48 Repeat 9-24

Part 3

- 49-52 Arm right with your partner
 53-56 Arm left with your *contrary*
 57-72 Repeat 9-24

Hyde Park**Playford (1651)**

Arrangement: Square of 4 couples.

Part 1

- 1-4 First and third couples forward and back a double
 5-8 Second and fourth couples forward and back a double
 9-10 First and third men take partners with both hands, slip into center to meet
 11-16 First man and third woman join both hands, slip out between the fourth couple, and cast to place. Third man and first woman do likewise at the same time
 17-24 Second and fourth couples repeat 9-16

Part 2

- 25-32 Repeat 1-8 above
 33-34 Second and fourth couples take both hands with their partner, turn halfway, and make an arch
 35-40 First and third couples face their partner, pass by the right shoulder to go outside the set, around the arches, meet their contraries, go under the arches together, and return to place, ending improper
 41-42 First and third couples take both hands with their partner, turn halfway, and make an arch (these couples are now proper again)
 43-48 Second and fourth couples do figure in bars 11-16, ending proper

Part 3

- 49-56 Repeat 1-8 above
 57-64 Men pass in front of their partners, behind the next woman, and so on, weaving counterclockwise around the circle back to place
 65-72 Women weave the circle clockwise, passing in front of their partner to start.

Mary-Grace's Rose**David Oxford (2001), in the style of Playford (1651)**

Arrangement: Round for 8

Part 1

- 1-4 Hands all, a double forward and back.
 5-8 Partners set and turn single.
 9-16 Repeat 1-8.
 17-20 Heads cast off, meet contrary outside sides, come between them, meet partners in the middle.
 21-24 All two singles back, a double forward, heads meet in the center. All clap.
 25-32 Women in the center turn by the right and by the left while men in the center go between the couple to their left to do a hey with them, all falling to place at the end.

Part 2

- 1-4 Side to right shoulders. 5-8 Set and turn.
 9-12 Side to left shoulders. 13-16 Set and turn.
 17-32 As in Part 1, except the sides going first.

Part 3

- 1-4 Arm right. 5-8 Set and turn.
 9-12 Arm left. 13-16 Set and turn.
 17-32 As in Part 1.

Parsons Farewell**Playford (1651)**

Arrangement: Two couples facing.

Part 1

- 1-2 Couples meet a double
 3-4 Each couple 4 slips to the left
 4-6 Couples back a double
 7-8 Each couple 4 slips to the right
 9 Men rise and nod to each other
 10 Women rise and nod to each other
 11-12 All rise 4 times, nodding in turn to contrary, corner (of same gender), partner, and the set in general
 13-16 Turn contrary once around by two hands
 17-24 Repeat 9-16, women rising first

Part 2

- 1-2 Couples meet a double
 3-4 Lead contrary out a double
 5-6 Lead contrary back in a double
 7-8 Fall back with partner to places
 9-10 Men cross by touching right hands and then pulling past by left hands
 11-12 Turn contrary once around by the right hand
 13-14 Men cross back by left hands
 15-16 Turn partner once around by the right hand
 17-18 Women cross by touching left hands and pulling past by right hands
 19-20 Turn contrary once around by the left hand
 21-22 Women cross back by right hands
 23-24 Turn partner once around by the left hand

Part 3

- 1-2 Partners take both hands and meet other couple with 4 slips
 3-4 Take contrary by both hands and slip out 4 slips
 5-6 Slip back in 4 slips
 7-8 Fall back with partner to place
 9-10 Partners turn once around by right hands
 11-12 Men cross left shoulders while women make a small loop from their places to pass through their partner's place and follow two beats behind him, all meeting contrary by right shoulders
 13-14 Pass contrary by right shoulders, men passing through contrary's original position and making a small loop to move into the other man's original place, while women pass left shoulders and end in each other's original place
 15-16 Turn partner once around by the right hand
 17-18 Partners turn around once by the left hand
 19-20 Women cross right shoulders while men make a small loop from their places to pass through their partner's place and follow two beats behind her, all meeting contrary by left shoulders
 21-22 Pass contrary by left shoulders, women passing through partner's original position and making a small loop to move into their own original position, while men pass right shoulders and end in their own original place
 23-24 Turn partner once around by the left hand

Picking Of Sticks Playford (1651)

Arrangement: A longways set of three couples.

Part 1

- 1-4 Double forward and back
- 5-8 Repeat
- 9-10 First man changes with second woman
- 11-12 First man changes with third man
- 13-16 Take hands with person across from you, all forward and back a double
- 17-18 First woman changes with second man
- 19-20 First woman changes with third woman
- 21-24 Take hands with person across from you, all forward and back a double
- 25-56 Repeat changes and double forward/back, each time beginning with the person in the first man's position, until all return to place; note that throughout this sequence, half of the time you will be dancing with someone of the same gender

Part 2

- 1-4 Side to right shoulders
- 5-8 Side to left shoulders
- 9-10 Couple 1 take both hands and slip down into couple 2's position, while couple 2 moves up into couple 1's position. At the same time, couple 3 cross and begin to skip around the entire set
- 11-12 Couple 2 take both hands and slip down to their own place, while couple 1 moves up into their original position
- 13-16 Repeat 9-12, with couple 3 returning to position at the end
- 17-18 Couple 3 take both hands and slip up between couple 2, who move down into couple 3's place, while couple 1 begins to skip around the entire set
- 19-20 Couple 2 take both hands and slip back up to place, while couple 3 move down to place
- 21-24 Repeat 17-18, with couple 1 returning to place at the end

Part 3

- 1-4 Arm right
- 5-8 Arm left
- 9-32 Men's sheepskin hey - begin with man 1 leading the men forward and around outside the women, then between women 1 and 2 and weaving

between all of them. Man 3 reverses direction as he passes woman 2, who can assist him by turning him around. He now leads until man 2 reaches woman 2 and reverses direction to lead, until man 1 reaches woman 2 and reverses to again take the lead, lead the men out between women 2 and 3, around the end of the set and up their own side to places
33-56 Women's sheepskin hey - as with the men

Scotch Cap Playford (1651)

Arrangement: Three couple set

Part 1

- 1-8 Double forward and back
- 9-16 Repeat
- 1-4 Women 1 & 2 and Men 2 & 3 fall back a double
- 5-8 Woman 1 and Man 2 exchange places and Woman 2 and Man 3 exchange places with a skipping double
- 9-16 Woman 3 and Man 1 exchange places with two doubles
- 17-32 Repeat above to return to place

Part 2

- 1-8 Side Right
- 9-16 Side Left
- 1-4 Men join hands, Women join hands, all fall back a double
- 5-8 All forward a double
- 9-16 Man 1 & Man 3, Woman 1 & Woman 3, and Couple 2 Arm Right, ending in place
- 17-20 Men join hands, Women join hands, all fall back a double
- 21-24 All forward a double
- 25-32 Couples join both hands and turn each other to end back in place

Part 3

- 1-8 Arm Right
- 9-16 Arm Left
- 1-4 Men slip up the line and Women slip down the line
- 5-16 Man 3 and Woman 1 take right hands and begin a hey back to place, others following
- 17-20 Men slip up the line and Women slip down the line
- 21-32 Man 3 and Woman 1 take right hands and begin a hey back to place, others following