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These notes were compiled by Lord Bryan Morgan (mka David Oxford), updated by Lady Nicolosa d'Isenfir (mka Kendra Schmid) from numerous sources, including *SCA Dance Cheat Sheets* by Greg Lindahl, *Joy and Jealousy* by Vivian Stephens and Monica Cellio, *Court & Country - Dances of the Renaissance in England and France* by Alex Clark, and *The Rose & Nefr Dance Manual* by Susan Henry. Many notes are my own reconstructions from original sources (including *The English Dancing Master* by John Playford and *Orchesography* by Thoinot Arbeau). *Gresley Manuscript* by Dansmelya and Bildner. Any original material from other sources may have been edited into conform to how the dances are done in Isenfir and to fit the style of the other notes in this booklet.

Please note that this Fifth Edition is a major digital format upgrade. 5.2.0 increases font and moves TOC inside. Dances added Chirintana, Hit & Misse, Villanella, Voltate in ca Rosina. 5.2.1 adds Confesse, Faine I would

v 5.2.1

October 19, 2019

Dance is Fun!

<http://isenfir.atlantia.sca.org/>

<https://www.facebook.com/groups/isenfir/>

For more dancing:

<http://dance.atlantia.sca.org/>

<https://www.facebook.com/groups/AtlantianDanceAcademie>

All in a Garden Green

Playford (1651)

Arrangement: Three couple set

Part 1

1- 8 Double forward and back (up and down the hall), set and turn single.

9-16 Repeat 1-8.

17-18 1st man shakes right hands with 1st woman,

19-20 same with 2nd woman,

21-22 goes to 3rd woman and shakes right hand, then left hand,

23-24 kisses her twice,

25-26 turns her.

27-36 1st man shakes hands with 3rd and 2nd women, then shakes hands with and kisses 1st woman, and turns her.

Part 2

1- 8 Siding, set and turn single.

9-16 Repeat 1-8.

17-36 1st woman does as above, shaking hands with and kissing the men.

Part 3

1- 8 Arming, set and turn single.

9-16 Repeat 1-8

17-36 1st man shakes hands and kisses again.

Amoroso

Ebreo (1475)

Arrangement: One couple

Part A

1-12 12 Pive (starting left)

Part B

13-16 Man leaves woman with 2 steps (starting left), 1 piva, 3 steps (ending on a half-bar)

17-20 Woman same to catch up

Part C

21-24 Man leaves woman with 3 pive (starting left), step (ending on a half-bar)

25-28 Woman same to catch up

Part D

29-31 Man leaves woman with 2 steps (starting left), piva, 2 steps

32 Man finishes with step right, and mezzavolta to face woman

33 Both reverenza left

34-37 Man returns with 3 pive (starting left), step (ending on a half-bar)

38-46 Repeat Part D with woman leaving

The entire dance then repeats, with the woman doing everything first.

Anello

Domenico (1450)

Arrangement: two couples, one behind the other

Part A

1-6 6 Saltarelli, starting left

7 Saltarello left, drop hands

8 Saltarello right, spreading out to form a square set, first couple turning as a unit to face the second couple

Part B

9 Men movimento, women movimento

10-11 Men 2 saltarelli (starting left) to trade places, passing through center by right shoulders

12-14 Repeat with women going first and trading

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Face in, double left, clapping hands (once per beat).
Double right (no clapping).
Double left, clapping hands.
Turn around in place to left using 4 kicks.

Whirligig Playford (1651)

Arrangement: Set of three couples.

Part 1

Double forward and back
Repeat

Chorus

The middle couple goes up between the first, casts off and returns to place, then crosses over between the first couple with a half-figure-eight, ending improper.

The middle couple repeats above, going between the last couple, ending proper.

First couple casts into third couple's place, followed by the rest who come through an arch made by the first couple, so that second couple is now in the first place and the third in the second place (grand cast).

Repeat chorus, a total of three times, until all are back in original positions.

Part 2

Side to right shoulders
Side to left shoulders

Chorus

Man 2 and woman 1 arm right and continue into a hey with man 1. (Man 2 passes woman 1 by right shoulders (while arming), then passes man 1 by left shoulders, woman 2 by right shoulders again, and ends his own original place). The second woman and couple 3 do the same.

Repeat above, with the second man now doing a hey with couple 3 and the second woman dancing with couple 1, beginning by arming left.

Grand cast.

Repeat chorus, a total of three times, until all are back in original positions.

Part 3

Arm right
Arm left

Chorus

Couples 1 and 2 cast off and return to places. (Couple 2 follows couple 1 as couple 1 casts down, through couple 2's place, back to original places).

Couples 1 and 2 form a right hand star and circle once around back to place. Repeat above with couples 2 and 3. When casting off, couple 3 should lead and couple 2 should follow

Grand cast.

Repeat chorus, a total of three times, until all are back in original positions.

Part C

15 Men movimento, women movimento
16 Men voltatonda (starting left) (turn around)
17-18 Repeat with women going first and turning

Part D

19-20 Men do 4 pive (starting left, 2 per bar) to trade places, going outside the square and behind their partner
21-22 Repeat, with women trading places

Part E

23 Men movimento, women movimento
24 Repeat
25 Men ripresa right (towards partner, take hands)
26 Reverenza left

Repeat the dance, with the women going first. The first couple needs to wheel around to reform the original formation.

Argeers Playford (1651)

Arrangement: Two couples facing
Couple 1 with back to the presence

Part 1 Verse

1-2 Contrary take both hands – slip out & back
3-4 Turn contrary half
5-8 Turn partner one and a half
9-10 Double forward
11-12 Turn contrary half
13-16 Turn partner one and a half

Part 1 Chorus

1-2 Men switch double
3-4 Women switch double

5-8 Set and turn
9-10 Women switch
11-12 Men switch
13-16 Set and turn

Part 2 Verse

1-4 Double out and back with contrary
5-8 Turn partner
9-12 Double back and forward
13-16 Set and turn

Part 2 Chorus

1-2 Men slip R, women slip L (men on inside)
3-4 Slip back (women on inside)
5-8 Turn contrary
9-12 Women forward and back double
13-16 Men do a single hey to place

Part 3 Verse

1 Men push contrary back
2-3 Slip to man's R
4 Fall back
5-8 Set and turn
9-10 Men slip L, women slip R (men inside)
11-12 Men push women back and fall back
13-16 Set and turn

Part 3 Chorus

1-4 Man 1 and woman 2 cast off and lead into partner's place
5-8 Cast again back to place
9-10 Men start a hey for 4 (left shoulders)
11-12 Women join hey for 4
13-14 Turn partner
15-16 Fall back into line of 4 and honor presence

Armyynn
Gresley (1500ish)
Arrangement: 3 people in a line

Part A
8 piva forward in file

Part B
Man C doubles back, man B doubles back, A doubles back

Part C
Man A movementi and B turns half way round with a double.
Man B movementi and C turns half way round with a double
Man C movementi and A turns half way round with a double

Part D
Man C 2 doubles forward, then B 2 doubles forward.

Part E
Man A singles forward, back, and turns with a double

Part F
All brawl left & right (like a set)
All do half hey
Double 1: B+C pass right should, A comes to and meets C on the left
Double 2: A+B pass right shoulders while C turns around

Part G
2 doubles each
A+B take rights hands making an arch so C could go through
A+B Continue to turn until A is at top, B middle
C passes through arch with a double, does half turn with double to end in original position

Ballo del Fiore
Caroso (1581)
Arrangement: Couples

Part 1
Man finds and approaches woman with four doubles.

Chorus
Man takes woman's left hand in his right.

Continenza Left
Continenza Right (both very slow)
Riverenza (also very slow)

Part 2
Man and woman dance together four doubles (two plain doubles, then two scurrying doubles (seguiti scorsii) if desired, although regular doubles are often used)

Chorus

Part 3
Man and Woman use two doubles to turn over left shoulders, then two more doubles to pass onto opposite sides, separating and ending facing one another. (referred to as "The J-Figure")

Chorus

Part 4
Four doubles, zigzagging, to come together.

Chorus
Ladies take flower from men, and go in search of a new partner using four doubles.
Dance repeats until the musicians start threatening dancers' lives if they do not stop the maddening music.

13-16 Revernza

Part 5
1-2 Two passi forward,
3-4 Sequito cast out to face down hall.
5-6 Two passi down hall.
7-8 Sequito cast out to face up hall
9-10 Continenza left
11-12 Two riprese right
13-16 Revernza

Part 6
1-2 Two spezzatti to change places, R hands
3-4 Two spezzatti over left shoulder
5-6 Two spezzatti to change places, L hands
7-8 Two spezzatti turn over shoulder
9-10 Continenza left
11-12 Two riprese right
13-16 Revernza

Voltate in ca Rosina
Ambrosio
Arrangement: 3 in a line

Part 1 "Entrance"
2 doubles forward
2 doubles over left shoulder
Middle leaves with 2 singles, 1 double
Outsides follow with 2 singles, 1 double
Middle turns half way as outsides approach

Part 2 "Apart"
2 saltarelli away from each other, turn to face
2 riprese (LR), turn single
4 continenze

Part 3 "Return"
Return together with 2 singles, 1 double
Back 1 double
Turn single over left shoulder

4 singles
Ripresa right, reverence left
4 continenze

Part 4 "Circles"
P2 & P1 right hand circle with 4 pive
P2 & P3 left hand circle with 4 pive
Hey for 3 with pive

War Bransle
Arbeau (1589)
Arrangement: A circle of dancers.

Part A (Peace)
1-8 Double left, double right, double left, double right
9-16 Repeat 1-8

Part B (War- music is the same speed, dancers move twice as fast)

17-18 Double left, double right
19 Single left, single right
20 Double left
21 Single right, single left
22 Double right
23 Single left, kick left, kick right
24 Kick left, bring feet together, jump

Washerwoman's Bransle
Arbeau (1589)
Arrangement: A circle of dancers.

Part A
Double left, double right.
Repeat.

Part B
Face partner, single left and right (essentially setting to partner) men wag fingers at women.
Repeat with women wagging fingers.

Part C

Arched hey: All take hands. The first couple faces down, and goes under an arch made by the second couple, then arch over the third couple, and so forth over and under all the way down the set and back, followed by all the other couples. When each couple reaches the end they turn around.

When the first couple returns to the top, they stop; when everyone else returns to their original position, they stop as well, drop hands, and take a step apart.

Part C

First couple arms right in the center, then arms left with the 2's, then right in the center with each other again, then left with the 3's, and so on down the entire line. When they reach the end, they fall into place again, and the new first couple begins the dance again.

Upon a Summer's Day Playford (1651)

Arrangement: A longways set of 3 couples.

Part 1

1-4 Double forward, double back
5-8 Set and turn single
9-16 Repeat 1-8

17-20 Take hands in lines, double forward (toward the other line) and back

21-24 Bottom two men and bottom two women raise their joined hands to form an arch, while the first man and first woman go down the set in the center, go out through the arch on their own side, and meet at the bottom

25-40 Repeat 17-24 twice, until all are in their original places

Part 2

1-4 Side to right shoulders
5-8 Set and turn single
9-12 Side to left shoulders
13-16 Set and turn single
17-40 Repeat Part 1 (17-40)

Part 3

1-4 Arm right
5-8 Set and turn single
9-12 Arm left
13-16 Set and turn single
17-40 Repeat Part 1 (17-40)

Villanella

Caroso (1581)

Arrangement: Indiv couple

Part 1

1-4 Reverenza
5-8 Continenze L,R
9-12 Two Sequiti
13-14 Continenza L
15-16 Two riprese R

Part 2

1-8 Two passi forward, sequito. Repeat
9-10 Continenza left
11-12 Two riprese right
13-16 Revernza

Part 3

1-8 Man -Two passi forward, sequito. Repeat. Going around lady in front
9-10 Together Continenza left
11-12 Two riprese right
13-16 Revernza

Part 4

1-8 Woman -Two passi forward, sequito. Repeat. Going around man in front
9-10 Together- Continenza left
11-12 Two riprese right

Beggar Boy Playford (1651)

Arrangement: long set of 3 couples.

Part 1

1-4 Double forward and back
5-8 Repeat
9-10 All face partners. Couples 1 and 3 double backward, away from each other, while couple 2 doubles forward to meet each other
11-12 All double back to place
13-16 The 3 men take hands and circle halfway around (1st and 3rd men changing places), while the women do the same
17-24 Repeat 9-16, all ending in their original places

Part 2

1-8 Siding
9-12 The second couple faces each other and takes a double away from and then toward each other, while the 1st and 3rd couples change places, the 1st couple going inside the 3rd couple
13-16 1st couple sets and turns single, while the 2nd and 3rd couples (at the top of the set) take hands and circle once around
17-24 Repeat 9-16, all ending in their original places

Part 3

1-8 Arming
9-12 All face partners and take a double backward away from, and then a double toward their partner
13-16 The men do half of a hey, while the women do likewise. End with 1st couple at the bottom, and 3rd couple at the top
17-24 Repeat 9-16, all ending in their original places

Belfiore Domenico (1581)

Arrangement: Three in a line holding hands, Man 1 on left, Woman in middle, Man 2 on right

Part A

1-12 12 pive, starting left (slower than usual)

Part B

13 Man 1 doppio left
14 Woman doppio left, to catch up
15 Man 2 doppio left, to catch up

Part C

16 Man 1 movimento
17 Woman movimento
18 Man 2 movimento

Part D

19 Man 1 voltatonda (4 steps, ccw)
20 Woman voltatonda
21 Man 2 voltatonda

Part E

22-24 Man 1 piva left, piva right, piva left, going behind the others, and ending to the right of Man 2
25-27 Woman does the same, ending beside Man 1
28-30 Man 2 does the same

Part F

31-32 Men doppio right, changing places, Man 2 going in front of Woman, Man 1 going behind her.
33-36 Woman does a "figure-6" = 4 pive starting left, going to her right behind Man 1, circles him, goes behind Man 2 to end on his left

Do dance twice more, rotating roles.

Bizzarria d'Amore

Negri (1602)

Arrangement: 2 couples in a square

Part 1

Part A

1-4 Men riverenza

5-6 Men two sottopiede to the left

7-8 Men two sottopiede to the right

9-16 Ladies repeat same 1-8 pattern

Part B

1-2 Two jumps

3-4 Ripresa minuta to the left

5-8 Repeat 1-4 with ripresa minuta to the right

Part C

1-2 Two spezzati moving diagonally backwards to the right, first left foot, then right

3-4 Seguito forward on left

5-8 Repeat 1-4 but starting on right

Part 2

Part A

1-4 Men two spezzati and seguito to change places

5-8 Starting on right, two spezzati and seguito doing full turn over left should (stay in opposite's place)

9-16 Ladies repeat same 1-8 pattern

Parts B&C

Part 3

Part A

1-4 Face partner, take right arms, do two seguiti all the way around

5-8 Two seguiti to do full turn over left shoulder

9-12 Face corner, take left arms, do two seguiti all the way around

13-16 Two seguiti to do full turn over Right shoulder

Parts B&C

Part 4

Part A

1-4 Men, take right arms, two spezzati and seguito to change places

5-8 Starting on right, two spezzati and seguito doing full turn over left should (stay in opposite's place)

9-16 Ladies repeat same 1-8 pattern

Parts B&C

Part 5

Part A

1-2 Face partner, take right hand, seguito to change places

3-4 Take left hand of partner, seguito to change back

5-8 Two seguiti to do full turn over Left shoulder

9-10 Face corner, take left hand, seguito to change places

11-12 Take right hand of corner, seguito to change back

13-16 Two seguiti to do full turn over Right shoulder

Parts B&C

Part 6

Part A

1-4 Face partner, take right hand, two seguiti around back to place.

5-16 Hey around the circle. Start with left hand of partner and change place with seguito. Continue alternating right/left hands around circle with one seguito per exchange.

Takes 1.5 times around circle.

Parts B&C

Tangle Bransle

Arrangement: Line of dancers.

Double left, single right. Repeat, dancer on the left "tangling" the line.

Tesara

Domenico (1450)

Arrangement: Four couples in a line plus 1 shuttle at each end

Part 1

8 Saltarelli, starting L

Part 2

Couples separate in Meza Rip, shuttle A meza volta to face B

A& B 4 Piva to switch (pass R), Meza volta

C's switch 4 Meza Riprese (Men in front)

Movimenti (Man 1, then 2, 3, 4, then Woman 4, 3, 2, 1); Repeat P2

Part 3

B take C4's ribbons & lead to front in 4 doppi w/ close & side cut

A&B take R hands & switch in 2 piva; A to bottom in 3 piva, end in meza volta R

A lead C3 to front (as B led C4); A&B switch & B return to bottom as before

Part 4

B take C2 to front (holding ribbons) w/ Saltarelli LRL

A&B R hands & switch in Saltarello R; A to bottom in Saltarelli LR, meza volta R

A lead C1 to front (as B led C2); A&B switch & B return to bottom as before

Part 5

C1&C4 switch w/ ptr in Doppio & form ribbon arch; A&B Doppio under arch

C2&C3 switch w/ ptr in Doppio & form ribbon arch; A&B under arch & meet

Repeat w/ C2&C3; Repeat w/ C1&C4

Part 6

A&B switch under arches in 4 piva, passing R shoulders, meza volta R

Couples drop ptr's ribbon; Men meza volta to face down as Women face up

Part 7

Hey A, B, Man 1 & woman 4 weave CCW around 3 stationary people to new position

A&B always start to L of 1st stationary person (inside), Man & Woman to R

Repeat w/ A, B, Man 2 & Woman 3

Repeat w/ A, B, Man 3, woman 2

Repeat w/ A, B, Man 4, woman 1

Part 8

Movi (Man 1,2, 3, 4, Woman 4, 3, 2, 1)

Men meza volta CCW in doppio L; women same at same time

Trenchmore

Playford (1652)

Arrangement: A longways set of couples.

Part A

Up a double and back, twice. The first couple casts off and leads down the outside, followed by everyone else, and back up the center to place.

Part B

Women (outsides) forward 2 singles, 1 double.

Man turns halfway over R shoulder when women reach

Part 2

Two saltarelli away from each other (tempo change)

Four saltarelli to approach and pass, turn to face

Riprese L, R

Part 3 (Bassadanza tempo)

Single back left

Three riprese forward R, L, R (slow boat)

Women (outside) turn to face in line with man

Ripresa left

Voltatonda bassadanza

Reverence left

Part 4 (Piva tempo)

M & W1 circle right with 3 pive

M & W2 circle left with 3 pive

Part 5

Man rise, women rise

Man turn single, women turn single

Strozzino

SCA Choreography by Byran Morgan, Nicolosa d'Isenfir, and Andrew Morgan. Original music by Daniel of the Red Mountain.

In the style of 15C Italian.

Arrangement: M1-W2-M3.

Part 1

Sixteen piva

Part 2

M1, W2 – Sempii, Sempii, doppio, meza volta to face M3

M1 – Movimento to M3

M3 – Movimento to M1

W2 – Honor M1

M3 Sempii, Sempii, doppio, meza volta to join M1, W2

M3 – Movimento to M1

M1 – Movimento to M3

W2 – Honor M3

Repeat all of part 2

Part 3

M1 – Sempii, Sempii, doppio, meza volta to face W2, M3

M1 – Movimento to W2

W2 – Movimento to M1

W2 – Honor M1

M3 Sempii, Sempii, doppio, meza volta to move into M1 spot

M3 – Movimento to W2

W2 – Movimento to M3

W2 – Honor M3

W2 – Sempii, Sempii, doppio, meza volta to end proper with M1

W2 – Movimento to M1

W2 – Movimento to M3

W2 – Honor M1

M3 Sempii, Sempii, doppio, meza volta to end proper with W2

M3 – Movimento to M1

M1 – Movimento to M3

W2 – Honor M3

Part 4

4 Pive all together

Half a hey

M1, W2 change with 2 pive by right shoulders

M1, M3 change with 2 pive by right shoulders

M3, W2 change with 2 pive by right shoulders.

W2 meza volta to turn make line reversed

Black Alman

Inns of Court (1570)

Arrangement: A processional line of couples.

All steps are alman steps

1-8 Four doubles forward, face partner and drop hands

9-10 Double backward away from partner

11-12 Double forward toward partner

13-14 Quarter-turn left (men face up the hall, women face down the hall), double forward up or down the hall

15-16 Turn around over your right shoulder, double forward to place

17-20 Face partner, men set and turn in place

21-24 Women do the same.

25-26 Take both hands, turn halfway (clockwise) using one double into partner's place

27-28 Four slip steps up hall

29-30 Turn halfway back to your own side

31-32 Four slip steps down hall.

33-34 Drop hands, double backward away from partner

35-36 Double forward toward partner.

Repeat with the women setting and turning in place first (measures 17-20), followed by the men (21-24).

Black Nag

Playford (1657)

Arrangement: A longways set of 3 couples.

Part 1

1-4 Double forward and back

5-8 Repeat

9-10 Face partner, take 2 hands. First couple 4 slips up hall

11-12 Second couple 4 slips up the hall

13-14 Third couple 4 slips up the hall

15-16 All turn single

17-24 Couples slip back to place in reverse order, all turn single

Part 2

25-32 Siding

33-34 First man and 3rd woman change places (passing face to face)

35-36 First woman and 3rd man do the same

37-38 Second man and second woman do the same

39-40 All turn single

41-48 Do the changes again (in the same order) to return to place, all turn single

Part 3

49-56 Arming

57-64 Men hey (start by passing right shoulders)

65-72 Women hey (start by passing right shoulders)

Boatman

Playford (1657)

Arrangement: Set of three couples.

Part 1

1-4 Double forward and back

5-8 Set and turn single

9-16 Repeat 1-8

17-21 First couple and second man hey, while third couple and second woman hey, all returning to place

22-24 Take both hands with partner and turn once around clockwise

25-32 Repeat 17-24, the second man going the hey with the third couple, and the second woman with the first couple

Part 2

- 33-40 Side to right shoulders, set and turn single
- 41-48 Side to left shoulders, set and turn single
- 49-50 The second man and the first couple take hands in a circle and go halfway around to the right (counterclockwise), while the first man and the third couple do the same
- 51-52 Open the circles into two lines facing, with the second man and second woman in the middle of each line, and fall back a small double
- 53-56 Meet your partner by both hands and turn to the right to original places
- 57-64 Repeat 49-56, the second man circling with the third couple and the second woman with the first couple, and circling to the left (clockwise)

Part 3

- 65-72 Arm right, set and turn single
- 73-80 Arm left, set and turn single.
- 81-84 First and last man and second woman take hands and circle once around the second man
- 85-88 The second couple turns once around by both hands to place
- 89-92 First and last women and second man take hands and circle once around the second woman
- 93-96 The second couple turns once around by both hands to place

Bransle Suite

Arbeau (1589)

Arrangement: A circle of dancers.

Bransle Cassandra

Double left, double right. Repeat.

Double left, double right, single left, double right.
Repeat.

Bransle Pinagay

Double left, kick left. Double left, kick left, kick right.
Double left, double right. Repeat.

Bransle Charlotte

Double left, kick left, kick right, double right.
Repeat.
Double left
Kick left
Kick right
Single right
Kick left
Kick right
Kick left
Single left
Kick right
Kick left
Kick right
Double right

Candlestick Bransle

Arrangement: A collection of men and women spread around the floor.

Eight alman-style doubles.

Four alman-style singles.

Carolingian Pavan

SCA Choreography

Arrangement: A processional line of couples.

One "pavan set" of steps is a single, single, double.

Part A

- 1-8 One pavan set forward, starting left
- 9-16 One pavan set forward

- 29-32 Left-hand star *half way* around, breaking the start to take hands four in a line facing the Presence, and honour

Scotch Cap

Playford (1651)

Arrangement: Three couple set

Part 1

- 1-8 Double forward and back
- 9-16 Repeat
- 1-4 Women 1 & 2 and Men 2 & 3 fall back a double
- 5-8 Woman 1 and Man 2 exchange places and Woman 2 and Man 3 exchange places with a skipping double
- 9-16 Woman 3 and Man 1 exchange places with two doubles
- 17-32 Repeat above to return to place

Part 2

- 1-8 Side Right
- 9-16 Side Left
- 1-4 Men join hands, Women join hands, all fall back a double
- 5-8 All forward a double
- 9-16 Man 1 & Man 3, Woman 1 & Woman 3, and Couple 2 Arm Right, ending in place
- 17-20 Men join hands, Women join hands, all fall back a double
- 21-24 All forward a double
- 25-32 Couples join both hands and turn each other to end back in place

Part 3

- 1-8 Arm Right
- 9-16 Arm Left
- 1-4 Men slip up the line and Women slip down the line
- 5-16 Man 3 and Woman 1 take right hands and begin a hey back to place, others following

- 17-20 Men slip up the line and Women slip down the line
- 21-32 Man 3 and Woman 1 take right hands and begin a hey back to place, others following

Sellenger's Round

Playford (1657)

Arrangement: A circle of couples

Part 1

- 1-4 Take hands and circle 8 slip steps left
- 5-8 Circle 8 slip steps back to the right
- 9-10 Two singles into the center, clapping on the last beat
- 11-12 Double backward to place
- 13-16 Face partner, set and turn single
- 17-24 Repeat 9-16

Part 2

- 1-4 All holding hands, forward a double into the center, and a double back out ("beer hall run")
- 5-8 Repeat 1-4
- 9-24 Repeat Part 1 (9-24)

Part 3

- 1-4 Side to right shoulders
- 5-8 Side to left shoulders
- 9-24 Repeat Part 1 (9-24)

Part 4

- 1-4 Arm right
- 5-8 Arm left
- 9-24 Repeat Part 1 (9-24)

Spero

Ebreo

Arrangement: Line of 3 people. WMW

Part 1 (Quaternaira tempo)

- 4 Saltarelli
- Man (middle) forward 2 singles, 1 double

- 5-6 Turn single away from your partner
- 7-8 Turn single toward your partner, moving back to original places
- 9-10 Couples meet a double
- 11-12 Change places with contrary (taking both hands and turning clockwise)
- 13-14 Change places with partner (taking both hands and turning clockwise)
- 15-16 Turn single
- 17-18 Men back away from each other a double
- 19-20 Women turn single
- 21-22 Men come toward each other a double, crossing by left hands and pivoting on the joined hands to give contrary right hands
- 23-24 Turn contrary by the right once around, men ending in their original position (women are still on the opposite side)
- 25-26 Women back away from each other a double
- 27-28 Men turn single
- 29-30 Women come toward each other a double, crossing by right hands and pivoting on the joined hands to give partner left hands
- 23-24 Turn partner by the left once around, all ending in their original position

Part 2

- 1-2 Couples meet a double
- 3-4 Change places with contrary (taking both hands and turning clockwise)
- 5-8 Face partner, set and turn single
- 9-16 Repeat 1-8
- 17-18 Men meet a double
- 19-20 Women meet a double
- 21-22 Take hands around, circle four slips to left

- 23-24 Turn single, moving outward slightly to form a normal-size set
- 25-26 Women meet a double
- 27-28 Men meet a double
- 29-30 Take hands around, circle four slips to the left
- 31-32 Turn single, moving outward slightly to form a normal-size set

Part 3

- 1-2 Couples meet a double
- 3-4 Take contrary's hands and slip away from partner and then back toward partner
- 5-8 Chase scene: Men cast off over their left shoulder, through their partner's place, to their own place, as their partners follow, all ending in original places
- 9-10 Couples back a double
- 11-12 Partners do four slips to change places (the women going in front), while continuing to face the other couple
- 13-16 V-Crossing Figure: Without pause from the slips, the men will immediately go toward each other, pass left shoulders, cross back-to-back and fall backward passing right shoulders into their original places. Two beats after the men have started their V, the women do a V, passing right shoulders first and starting to the inside of the men (the men do a broader V than do the women). They cross back-to-back, and pass left shoulders to fall backward into their original places
- 17-18 Men honour
- 19-20 Women honour
- 21-24 Right-hand star once around to place
- 25-26 Women honour
- 27-28 Men honour

- 17-24 One pavan set backward
- 25-32 One pavan set forward

Part B

- 1-16 Men kneel. Women go around men clockwise in 2 pavan sets
- 17-32 Men rise. Men go around women in 2 pavan sets

Chestnut Playford (1651)

Arrangement: A longways set of 3 couples

Part 1

- 1-4 Double forward and back
- 5-8 Repeat
- 9-10 Face your partner. All back away from their partners for a (small) double
- 11-12 Double forward to change places with partner, passing right shoulders
- 13-16 The three men take hands in a circle and go around once, women do the same
- 17-24 Repeat 9-16, all ending in their original place

Part 2

- 25-32 Arming
- 33-34 Face your partner. All back away from their partners for a (small) double
- 35-36 Double forward to change places with partner
- 37-40 Men do a half hey, women do the same, first couple ending in third place and third couple ending in first place
- 41-48 Repeat 33-40, all ending in their original place

Part 3

- 49-56 Siding

- 57-58 Face your partner. All back away from their partners for a (small) double
- 59-60 Double forward to change places with partner
- 61-64 First couple leads down the center to the bottom of the set, second and third couples walking up their own side to follow first couple. second couple ends in second place, third couple ends in first place
- 65-72 Repeat 57-64, but with first couple casting off up the set to end in first place

Chirintana

Siena Manuscript

Arrangement: line of couple – the more the merrier.

Couple 1 notes when to move on to the next part based on everyone getting through repeats.

Part 1 "Processing"

Sequence of 2 continenze, 1 double, 1 continenza.

Couple 1 leads around the room.

Part 2 "Weaving Hey"

Pivas – couple 1 leads to the left, pass between couples 2 & 3. Then leads around couple 3 to the right. Continues to weave in this fashion.

After couple 1 has completely passed couple 2, c2 turns to follow and weaves behind.

Repeat until line has reset to original

Part 3 "In & out Hey"

Pivas – couple 1 pivots as a couple to face down. C1 goes between C2. Then C3 goes between C1, continue pattern.

After C1 has passed C2, C2 pivots and does same in & out pattern.
Repeat until line resets to original.

Part 4 “Circle with partners”

All couple take right hands with partner, circle with 4 saltarelli.
Switch, circle back with left hands and 4 saltarelli

Part 5 “Piva line tangle”

Take hands alternating genders (M1, W1, M2, W2...) with man 1 leading pivas about the room in any fashion

Clog Bransle

Arbeau (1589)

Arrangement: A circle of dancers.

Part A

1-8 Double left, double right
9-16 Double left, double right

Part B

17-20 Single left, single right
21-23 Tap right foot three times
24-27 Single left, single right
28-30 Tap right foot three times

Colonesse

Ebreo (1463)

Arrangement: Line of 3 couples.

Part 1 (in 6)

1-16 16 Saltarelli

Part 2 (in 6)

17-26 C1 stands still
C2 takes right hands and circles SL,SR, DL, then back again with left hands SR, SL, DR, then riverenza.
C3 weaves to the top with 2 singles and 4 doubles, man ending improper.

17-26 Repeat with new couples

17-26 Repeat with new couples

Part 3 (in 2)

27-29 Men circle partner CW with 3 piva

30-32 Women circle partner CW with 3 piva

Part 4 (in 4)

33 Men movimento

34 Women movimento

35-36 Double back

37-38 Double forward, turning over "lower" shoulder (shoulder toward foot of the hall), ending facing forward.

Repeat dance, reversing roles.

Come Get Your Mountain

Atlantia University (2018), in the style of Playford (1651)

Formation: Pair of couples facing

Part 1

1-4 Double forward and back (toward your contrary)

5-8 Turn single left, turn single right.

9-16 Repeat 1-8.

17-20 Right hand star half way around

21-24 Set and turn facing your contrary

25-28 Left hand star half way around

29-32 Set and turn facing your contrary

Part 2

1-4 Side Right

5-8 Turn single left, turn single right.

9-12 Side Left

13-16 Turn single left, turn single right.

17-20 V-Crossing Figure: The men will immediately go toward each other, pass right shoulders, cross backto-back and fall backward passing left shoulders into their partner's places. Two beats after the men have started their V, the

Part 2

11-12 Ripresa left, ripresa right, (drop hands)

13-16 Both do 2 sempii (starting on left), 3 doppi, (drop hands)

17-18 Volta del Gioioso (2 sempii to turn 360 degrees to left, ripresa right)

11-18 Repeat

Part 3

19-26 (twice) 16 Saltarelli (starting left), (drop hands)

Part 4

27 Man movimento

28 Woman movimento

29-30 Man doppio left to leave

31 Woman movimento

32 Man movimento

33-34 Woman doppio left to join man

27-34 Repeat on other foot, man still going first

Repeat dance, with the woman doing everything first.

Roye

Gresley (1500ish)

Arrangement: 3 people in a line

Part A

All forward 3 doubles

All back a double

Part B

Man 1 doubles forward

Man 2 doubles forward

Man 3 doubles forward

Part C

All gallop forward (left and right)

All gallop back (left and right)

All gallop forward (left and right)

All turn with a double

Part D

Man 1 movimenti, then men 2 and 3 movimenti together

Then man 1 turns with a double

Man 2 movimenti, then men 1 and 3 movimenti together

Then man 2 turns with a double

Man 3 movimenti, then men 2 and 3 movimenti together

Then man 3 turns with a double

Rufty Tufty

Playford (1651)

Arrangement: Two couples facing.

Part 1

1-4 Double forward and back (toward your contrary)

5-8 Repeat.

9-12 Set and turn single

13-16 Set and turn single

17-20 Take partner's hand, double out away from the other couple, turn around, switch hands, double back

21-22 Turn single

23-36 Repeat 9-22 with contrary

Part 2

1-4 Side to right shoulders

5-8 Side to left shoulders

9-36 Repeat Part 1 (9-36)

Part 3

1-4 Arm right

5-8 Arm left

9-36 Repeat Part 1 (9-36)

St. Martin's

Playford (1651)

Arrangement: Two couples facing

Part 1

1-2 Couples meet a double

3-4 Couples slip to the left and back to the right

- time, couple 3 cross and begin to skip around the entire set
- 11-12 Couple 2 take both hands and slip down to their own place, while couple 1 moves up into their original position
- 13-16 Repeat 9-12, with couple 3 returning to position at the end
- 17-18 Couple 3 take both hands and slip up between couple 2, who move down into couple 3's place, while couple 1 begins to skip around the entire set
- 19-20 Couple 2 take both hands and slip back up to place, while couple 3 move down to place
- 21-24 Repeat 17-18, with couple 1 returning to place at the end

Part 3

- 1-4 Arm right
- 5-8 Arm left
- 9-32 Men's sheepskin hey - begin with man 1 leading the men forward and around outside the women, then between women 1 and 2 and weaving between all of them. Man 3 reverses direction as he passes woman 2, who can assist him by turning him around. He now leads until man 2 reaches woman 2 and reverses direction to lead, until man 1 reaches woman 2 and reverses to again take the lead, lead the men out between women 2 and 3, around the end of the set and up their own side to places
- 33-56 Women's sheepskin hey - as with the men

Queen's Alman

Inns of Court (c1580-90)

Arrangement: Processional line of couples

Part A

Four doubles forward, starting left

Part B

- Double left forward
- Double right back (end facing partner)
- Set and turn left
- Double right forward
- Double left back (end facing partner)
- Set and turn right

Rawty

Gresley (1500ish)

Arrangement: Couples in a line

Part 1

- 1-2 Single fwd, single back
- 3-4 Double forward with stomp
- 5-6 Double back without stomp
- 7-12 Repeat 1-6

Part 2

- 1-2 Man single forward, single back
- 3-4 Double forward & turn
- 5-6 Both 3 kicks
- 7-8 Double to meet

Part 3

- 1-2 Gallop left with a double
- 3-4 3 kicks
- 5-6 Double forward to meet

Rostiboli Gioioso

Domenico (1475)

Arrangement: one couple.

Part 1

- 1-2 Ripresa left, ripresa right, (drop hands),
- 3-5 Man leaves with 2 sempii (starting left), 2 doppi, ending with mezavolta right to face woman
- 6-7 Both ripresa left, ripresa right
- 8-10 Man returns with the same steps, (take hands)
- 1-10 Repeat, with woman leaving

- women do a V, passing left shoulders first and starting to the inside of the men (the men do a broader V than do the women). They cross back-to-back, and pass right shoulders to fall backward into their partner's places. (Like St. Martin's)
- 21-24 Set and turn facing your contrary
- 25-28 V-crossing figure, women going first. Ending in original places
- 29-32 Set and turn facing your contrary

Part 3

- 1-4 Arm right.
- 5-8 Turn single left, turn single right.
- 9-12 Arm left.
- 13-16 Turn single left, turn single right.
- 17-20 Change places with contrary passing right shoulders. Change places with partner passing left shoulders.
- 21-24 Set and turn facing your contrary
- 25-28 Change places with contrary passing right shoulders. Change places with partner passing left shoulders.
- 29-32 Set and turn facing your contrary

Confesse

Playford (1651)

Arrangement: M,W,M in two lines facing

Part 1

- 1-4 Double toward the other line and double back. Repeat
- 5-6 Men go btwn ladies to left, lead out a double and back (rufty tufty like)
- 7-8 Turn person you are facing
- 9-10 Original lines out a double & back
- 11-12 Turn person you are facing

Part 2

- 1-4 Cross room to left hand. Back again. Repeat
- 5 Man 1 choose lady, brings to center
- 6-7 Rest circle around couple

- 8 Man 1 & lady return to place
- 9-12 Repeat 5-8 with other man

Part 3

- 1-4 Cross room to right hand. Back again. Repeat
- 5-6 Women lead to each wall, while men go up and other down
- 7-8 Women hands circle round while men turn single
- 9-10 Women lead to each wall, while men go up and other down
- 11-12 Men hands circle round while women turn single

Part 4

- 1-4 Double toward the other line and double back. Repeat
- 5-6 Men lead women on end to wall and back. Other women go outside come under arms of couple
- 7-8 Turn person you are with
- 9-12 Repeat but switch women

Contentezza d'Amore

Caroso (1581)

Arrangement: single couple

Figure 1

- Do this entire part while facing each other, holding both hands except in the final riverenza.
- 1 - 4 Riverenza to each other.
- 5 - 8 Two continenze (left then right).
- 9 - 12 Four reprise, travelling around in a circle to the left.
- 13 - 16 Four reprise, travelling back around the circle to the right.
- 17 - 20 Two continenze, as above.
- 21 - 24 Riverenza, releasing outside hands.

Figure 2

The lady begins by travelling away from the man, then at the end she turns around to face him.

- 1 - 4 Two slow puntate forward, beginning with the left foot.
- 5 - 6 Two passi gravi forward.
- 7 - 8 Double step (seguito ordinario) forward.
- 9 - 12 Two slow puntate forward.
- 13 - 14 Two passi gravi forward.
- 15 - 16 Seguito ordinario forward, finishing by turning around to face the man.
- 17 - 20 Both puntate grave forward on the left, backward on the right.
- 21 - 24 Both riverenza.

Figure 3

In this part the man travels forward to stand next to the lady, repeating the steps she performed in part 2. Both end this section facing forward.

- 1 - 16 As 1 - 16 above, with the man travelling forward. At the end, the lady makes a half turn to face forward next to the man.
- 17 - 20 Both puntate grave forward on the left, backward on the right.
- 21 - 24 Both riverenza.

Figure 4

In this part the lady walks across the front of the man to his left, and then the man repeats. Both end up facing forward again, then do the puntate gravi and the riverenza, and finish facing each other holding right hands.

- 1 - 4 Lady: Two passi gravi steps and a seguito
- 5 - 8 Lady: Repeat, starting on the right foot.
- 9 - 12 Man: Two passi gravi steps and a seguito

13 - 16 Man: Repeat, starting on the right foot.

- 17 - 20 Both puntate grave forward on the left, backward on the right.
- 21 - 24 Both riverenza.

Figure 5

Take right hands, and cross over, then walk back down the room, with the lady leading and the man following, then finish by facing each other and holding hands.

- 1 - 4 Exchange places with 2 puntate while holding right hands.
- 5 - 16 6 seguiti travelling toward the rear of the room, and meeting.
- 17 - 20 Both puntate grave forward on the left, backward on the right.
- 21 - 24 Both riverenza.

Sciolta

This section is in triple time (3/4 played quickly).

- 1 - 4 Exchange places with 2 spezzati, holding left hands.
- 5 - 16 6 spezzati, dropping hands and travelling back up the room to meet, taking both hands.
- 17 - 24 8 reprise, going around in a circle to the left.
- 25 - 32 8 reprise, going back around to the right.
- 33 - 36 Four trabuchetti, alternating left and right.
- 37 - 40 Release inside hands (man's right, woman's left) and both riverenza minima to end the dance.

- 29-30 Man 1 doppio (starting left) to leave the group
- 31-32 Woman doppio to catch up with man 1
- 33-34 Man 2 doppio to catch up

Part 4

- 35-36 Man 1 and woman take hands and riverenza
- 37-38 Woman and man 2 take hands and riverenza
- 39-40 All 3 riverenza

Part 5

- 41-42 All doppio left backward
- 43-44 All doppio right forward
- 45-46 Ripresa left and right
- 47-48 Voltatonda (on left, turning left).

Repeat dance.

Petit Rose Domenico (1450)

Arrangement: Individual couples

Part 1

- 1-32 16 Pive, starting on left.

Part 2

- 1 Man movimento
- 2 Woman movimento
- 3-4 Man voltatonda with a doppio
- 5 Woman movimento
- 6 Man movimento
- 7-8 Woman voltatonda with a doppio

Part 3

- 1-2 Doppio forward left
- 3-4 Sempi back right, left
- 5-12 Repeat twice more, always starting with left foot for doppio

Part 4

- 1-2 Saltarello right away from partner

- 3-4 Salterello left back to partner, touch hands

Repeat with women going first

Picking Of Sticks Playford (1651)

Arrangement: A longways set of three couples.

Part 1

- 1-4 Double forward and back
- 5-8 Repeat
- 9-10 First man changes with second woman
- 11-12 First man changes with third man
- 13-16 Take hands with person across from you, all forward and back a double
- 17-18 First woman changes with second man
- 19-20 First woman changes with third woman
- 21-24 Take hands with person across from you, all forward and back a double
- 25-56 Repeat changes and double forward/back, each time beginning with the person in the first man's position, until all return to place; note that throughout this sequence, half of the time you will be dancing with someone of the same gender

Part 2

- 1-4 Side to right shoulders
- 5-8 Side to left shoulders
- 9-10 Couple 1 take both hands and slip down into couple 2's position, while couple 2 moves up into couple 1's position. At the same

- 11-12 Turn contrary once around by the right hand
 13-14 Men cross back by left hands
 15-16 Turn partner once around by the right hand
 17-18 Women cross by touching left hands and pulling past by right hands
 19-20 Turn contrary once around by the left hand
 21-22 Women cross back by right hands
 23-24 Turn partner once around by the left hand

Part 3

- 1-2 Partners take both hands and meet other couple with 4 slips
 3-4 Take contrary by both hands and slip out 4 slips
 5-6 Slip back in 4 slips
 7-8 Fall back with partner to place
 9-10 Partners turn once around by right hands
 11-12 Men cross left shoulders while women make a small loop from their places to pass through their partner's place and follow two beats behind him, all meeting contrary by right shoulders
 13-14 Pass contrary by right shoulders, men passing through contrary's original position and making a small loop to move into the other man's original place, while women pass left shoulders and end in each other's original place
 15-16 Turn partner once around by the right hand
 17-18 Partners turn around once by the left hand
 19-20 Women cross right shoulders while men make a small loop from their places to pass through their partner's place and follow two

- beats behind her, all meeting contrary by left shoulders
 21-22 Pass contrary by left shoulders, women passing through partner's original position and making a small loop to move into their own original position, while men pass right shoulders and end in their own original place
 23-24 Turn partner once around by the left hand

Pease Bransle Arbeau (1589)

Arrangement: A circle of couples.

Part A

Double left, double right.
Repeat.

Part B

Men hop.
Women hop.
Men make 3 quick hops to the left.
Women hop left away from man.
Men hop left following.
Women cross in front of man to the left, changing partners.

Petit Riens Ebreo (1475)

Arrangement: 3 people in a line (M1-W-M2)

Part 1

1-16 16 Pive, starting on left.

Part 2

17-20 Man 1 take 4 pive (starting left) to leave the group
 21-24 Woman take 4 pive to catch up with man 1
 25-28 Man 2 take 4 pive to catch up

Part 3

Contrapasso en Due

Caroso (1581)

Arrangement: Individual couples

First Section

A1 (First Repeat):

Riverenza L
2 Continenze L, R

A1 (Second Repeat):

2 Singles L,R, 1 Double L
2 Singles R, L backwards
2 Reprise R,R

A1 (Third Repeat):

Repeat A1 second repeat

B1:

Holding R Hands, Circling L
2 Singles L, R; 1 Double (L)
Holding L Hands, Circling R
2 Singles (R, L); 1 Double (R)

B2:

Facing Partner Figure 8 Circles
2 Doubles L, R circling L away from partner and ending where you started
2 Doubles (R, L) circling R away from partner and ending where you started

B1:

Holding R Arms, Circling L
2 Singles L, R; 1 Double (L)
Holding L Arms, Circling R
2 Singles (R, L); 1 Double (R)

B2:

Facing Partner - Figure 8 Circles

B1:

Holding Both Hands, Circling L
2 Singles L R; 1 Double (L)
Holding Both Hands, Circling R
2 Singles (R, L); 1 Double (R)

B2:

Facing Partner
Women Figure 8 Circles as before
Men 2 Doubles L R flanking BCK
Men 2 Doubles R L flanking FWD

Second Section

A1 (All Repeats):

8 Doubles (some music has 12)

B1:

Riverenza L
2 Continenze L R

B2:

Facing Partner
Figure 8 Circles

B1:

Men Advancing/Women Retreating
Men 2 Singles L R; 1 Double L
Women 2 Singles R L; 1 Double R
Women Advancing/Men Retreating
Women 2 Singles L R; 1 Double L
Men 2 Singles R L; 1 Double R

B2:

Facing Partner
Figure 8 Circles

B1:

Men alone Riverenza L
Women alone Riverenza L

B2:

Facing Partner
Women Figure 8 Circles as before
Men 2 Doubles L R flanking BCK
Men 2 Doubles R L flanking FWD

Cuckolds All a Row

Playford (1651)

Arrangement: 2 couples facing

Part 1

- 1-8 Double up & back, repeat
- 9-12 Back to back with corner
- 12-16 Face to face around with corner
- 17-20 Back to back with partner
- 21-24 Face to face around with partner

Part 2

- 1-8 Side right with partner
Side left with corner
- 9-12 Men switch places, ladies switch places
- 12-16 Hands alls, circle left
- 17-20 Ladies switch places, men switch places
- 21-24 Hands all, circle left

Part 3

- 1-8 Arm right with partner
Arm left with corner
- 9-12 Men push corner back a double, slip to men's R, fall back to partner's place (poussette)
- 12-16 Men cast R to old place and back to new place, partners follow
- 17-20 Men push corner back a double, slip to men's L, fall back to orig place (poussette)
- 21-24 Men cast L back to place, partners following. Back to orig place

Dargason

Playford (1651)

Arrangement: single line men facing the women MMMM WWWW

First man and woman side right, set and turn single.

Pass on to the next person, side, set and turn single.

So on until the first man and woman reach the ends of the set, when everyone turns around and repeats the process, siding left as they progress to original places

Arm right as you sided before, set and turn single, and pass on to the next, reversing as above and arming left to return.

The single hey all handing as you pass till you come to original places.

Dull Sir John

Playford (1651)

Arrangement: Square of 4 couples

Part 1

- 1-4 First couple lead in and cast off to your places, the man going between the second couple and the woman going between the fourth
- 5-8 The third couple do the same
- 9-12 The second couple do the same
- 13-16 The fourth couple do the same
- 17-18 First and third men change places, passing right shoulders
- 19-20 First and third women change places, passing right shoulders
- 21-24 First and third couples either take hands in a circle or give right hands across and go half way around to original places
- 25-32 The second and fourth couple repeat 17-24, ending with the second and fourth men standing behind their partners

Part 2

- 33-36 The first couple pass into the third place, the man going between the second couple and the woman going between the fourth couple while the third couple leads straight across into the first couple's place

Oringe

Gresley (Gaita Reconstruction)

Arrangement: Three in a line, one behind the other

A: 12 piva

B1: In slow bassedance:
Person 1 double forward
Person 2 follows
Person 3 follows
(Tempi changes)

First couple 4 piva turns out to the left, goes between the second and third, then past the right side of the third and ends up behind them at the back of the line.

B2: (The second person is now first, third is second and first is third). Repeat B1.

B3: Repeat again to end up in original places.

C: In quadenaria
First double backwards moving diagonally right to end up on the right side of the third person.
Second person double back diagonally left to end on the left side of the third person.
Taking hands, all do a double forward and a double back and a reverence.

The dance can start again by all turning to their left so the second person now leads the line. Repeat another time so that everyone has acted as leader.

Oringe

Gresley (Schweitzer/Scroggie

Reconstruction) (Evelynn's notes)

Arrangement: Three in a line

A: All double forward for 6 doubles
Double back

Reverance

B: Person 1 doubles away
Person 2 follows
Person 3 follows
Person 1 weaves between 2 & 3 to end at back
Repeat section B with each new person

C: Person 1 doubles back
Person 2 follows
Person 3 follows

D: All double forward
All double back
All turn

Parsons Farewell

Playford (1651)

Arrangement: Two couples facing.

Part 1

- 1-2 Couples meet a double
- 3-4 Each couple 4 slips to the left
- 4-6 Couples back a double
- 7-8 Each couple 4 slips to the right
- 9 Men rise and nod to each other
- 10 Women rise and nod to each other
- 11-12 All rise 4 times, nodding in turn to contrary, corner (of same gender), partner, and the set in general
- 13-16 Turn contrary once around by two hands
- 17-24 Repeat 9-16, women rising first

Part 2

- 1-2 Couples meet a double
- 3-4 Lead contrary out a double
- 5-6 Lead contrary back in a double
- 7-8 Fall back with partner to places
- 9-10 Men cross by touching right hands and then pulling past by left hands

9-12 Man 1 and lady 2 switch
Lady 1 and man 2 switch
Third couple switch
13-16 Man 1 and lady 3 switch
Lady 1 and Man 3 switch
Second couple switch
17-20 Set and turn

**Official Bransle
Arbeau (1589)**

Arrangement: A circle of couples.

Part A

Double left, double right. Repeat.

Part B

Six singles left.
Woman steps in front of her partner.
Woman jumps, and the man guides her
to the left, everyone gaining a new
partner.
Repeat Part B.

**Old Alman
Inns of Court (1570)**

Arrangement: Line of couples

Part A

Four doubles forward

Part B

Taking both hands with partner, circle
two singles and a double (clockwise)
Circle back with two singles and a
double

Dance repeats.

**Old Mole
Playford (1651)**

Arrangement: Three couples longways

Verse 1:

(face up the hall) D fwd, D back (face
partner) Set & Turn, repeat
All turn L (M facing up, W facing
down) D fwd, D back (face partner) Set
& Turn
All turn R (M face down, W face up) D
fwd, D back (face partner) Set & Turn

Chorus 1: "Bait and Switch"

M1 and W3 D fwd toward each other, D
back, 2xD fwd to switch places
M3 and W1 do likewise
M2 and W2 do likewise

Verse 2: "Red Rover"

(M2M3 hands, W1W2 hands) All D
fwd, D back,
D+½ fwd (W3 passing under M2M3's
arms, M1 passing under W1W2's
arms), all rotate 90 degrees to face
opposite line. (repeat total of 4x)

Chorus 2: "Bait and Switch" Revisited

Repeat Chorus 1

Verse 3:

All D fwd. Ends D back, while M2W2
remain.
Couples (M1M3, M2W2, W1W3) turn
each other.
Couples Side R, turn each other and
break back to M's and W's lines. Men
Hey. Women Hey.

Chorus 3:

All Circular Hey. M1/W1 cast off, M/W
following.
Reverse, M3/W3 cast off, M/W
following. Reverence.

37-40 Repeat 33-36, the third couple
coming back to place through the
second and fourth couples, and the
first couple leading straight across
to place, ending with the first and
third men standing behind their
partners
41-48 The second and fourth couples
repeat 33-40, with the second
couple separating first and the
fourth couple leading straight
across, then vice-versa
49-56 The first and third couples hey
(beginning with women passing
left shoulders) until all four return
to their own places, standing side-
by-side
57-64 Second and fourth couples repeat
49-56

Part 3

65-68 Men cast off and go on the
outside behind their partners into
the next man's place
69-72 Women cast off and go on the
outside behind their partners into
the next woman's place
73-80 Repeat 65-72, all couples ending
opposite their original places
81-84 First and third couples meet and
go back-to back with their
opposites (dos-i-dos)
85-88 First and third couples pull by
their opposites by the right hand,
and pull by their partners with
their left, ending in original
positions
89-96 Second and fourth couples
repeat 81-88

**Earl of Essex Measure
Inns of Court (1570)**

Arrangement: A processional line of
couples

Part A

1-2 Double left forward
3 Single right back
4-12 Repeat 1-3 three more times

Part B

13-15 Single to the left, single to the
right (note timing),
16-17 Double left forward
18 Single right backward

Earl of Salisbury Pavan

Arrangement: A processional line of
couples
A "pavan set" = 2 singles and a double.

Part 1

1-4 Pavan set forward starting on the
left
5-6 Partners step away from each
other (still holding hands) and
back together
7-8 Double right backward

Part 2

9-12 Pavan set forward starting on the
left
13-14 Face partner, take both hands
and take one slip step up the hall,
and one back down
15-16 Double right backward (away
from partner)

Part 3

17-20 Pavan set forward starting on the
left (passing partner on the left)
21-22 Two quarter turns to the right to
end facing partner
23-24 Double right backward away
from partner

Part 4

25-28 Pavan set forward, taking both hands with partner as you approach, and turn halfway (clockwise) to end in your original position, facing partner and still holding both hands
 29-30 Take one slip step up the hall, and one back down
 31-32 Face forward, and double right backward

Faine I would Playford (1651)

Arrangement: 4 couples in square

Part 1

1-2 Double out from set, turn double back
 3-4 Two hand switch with corners. Two hand switch across set. (heads with partners)
 5-8 Repeat 1-4 with opposite (End in original square)
 9-10 Heads double in, 'pick up sides' & double back 4 across
 11-12 All turn opposite, fall into corners original position
 13-16 repeat 9-12 with sides leading (End in original square)

Part 2

1-2 Siding
 3-4 Two hand switch with corners. Two hand switch across set. (heads with partners)
 5-8 Repeat 1-4 with opposite (End in original square)
 9-10 Heads cast off, circle through corner's position back to place. Corners following nearest leader.

11-12 Head couple and their corners, 4 hands around back to places
 13-16 Repeat 9-12 with sides

Part 3

1-2 Arming
 3-4 Two hand switch with corners. Two hand switch across set. (heads with partners)
 5-8 Repeat 1-4 with opposite (End in original square)

9-10 Head couples double in, turn back to back
 11-12 Other 4 circle Right around them
 13-16 Repeat with sides

Fine Companion Playford (1651)

Arrangement: A square set of 4 couples.

Part 1

1-4 Take hands all, double forward into the center of the square and back
 5-8 Set and turn single
 9-16 Repeat 1-8
 17-18 Men double into the square
 19-20 Women double forward while men double back to place
 21-24 Men double forward while women fall back, then men take hands and circle around to place
 25-32 Repeat 17-24, starting with the women first.

Part 2

1-8 Side right, Set and turn single
 9-16 Side left, set and turn single
 17-18 1st and 3rd couples double forward into the square
 19-20 2nd and 4th couples double forward while 1st and 3rd double back to place,

clockwise to places, ending in original places facing partner

Part 2

1-4 Partners side to right shoulders and fall back
 5-8 Partners side to left shoulders, then balance back and pass on, ending facing their nexts
 9-12 Nexts side to right shoulders and fall back
 13-16 Nexts side to left shoulders, then balance back and pass on, ending facing their original contraries, having rotated 1/4 around the set
 17-18 Original head couples (now at sides, partners switched) lead forward a double into the center
 19-20 Head couples turn and lead out a double and make arches while original side couples cast away from current "partner" around the outside
 21-24 Side couples meet original partners, pass through the arches, meet contraries again, and fall back to place
 25-32 Repeat 17-24 with side couples making the arches and head couples casting

Part 3

1-4 Arm right with current partner
 5-8 Arm left one and a half times to pass on, ending facing next person
 9-12 Arm right with new partner
 13-15 Arm left one and a half times to pass on, ending facing original partners
 16 Fall into lines up and down the room, original heads at ends of lines (that is, having just reformed the square, the side couples grab the closest member of each head couple and form two lines facing)

17-18 Lines double backward
 19-20 All turn single
 21-23 Lines go forward, meet and cross over
 24 Fall into lines across the room, original side couples at ends of lines (head couples should be in the middle of the lines, with each head person's original corner on their end of the line)
 25-26 Lines double backward
 27-28 All turn single
 29-31 Lines go forward, meet and cross over
 32 All return to original positions

Night Peece Playford (1651)

Arrangement: 3 couples in a line
 NOTE – Recorded music has wrong repeat structure. Should be AABBB

Part 1

1-4 Double forward & back
 5-8 Repeat
 9-12 Second couple fall back double & slip up to first spot
 First and third couples switch
 13-20 Repeat 9-12 with each couple in middle

Part 2

1-8 Side Right, side left
 9-10 First couple cross and cast to second couple place
 Second couple slides up
 11-12 First couple continues on with cross and cast to third place
 Third couple slides up
 13-20 Repeat 9-12 with each couple in middle

Part 3

1-8 Arm right, arm left

21-24 Set and turn

**Montarde Bransle
Arbeau (1589)**

Arrangement: A line of 4 dancers

1-8 Take 4 left doubles, following the leader around the room

9-10 First person turns in place with 4 kicks

11-16 Second turns likewise, then third, then fourth

1-8 Take 4 left doubles, while the first dancer weaves (in front of the second dancer, behind the third, etc) to the end of the line

Repeat kick (9-16) and weave (1-8) until each dancer has gotten to weave.

**New Boe Peep
Playford (1651)**

Arrangement: Long as many as will

Part 1

1-4 Double forward & back

5-8 Repeat

Chorus

9-10 Women turn half around, forward a double

11-12 Men double to follow

13-16 Man peeps 4 times around partners alternating sides

17-18 All double back to places

19-20 All turn single

21-22 Men turn half around, forward a double

23-24 Women double to follow

25-28 Women peeps 4 times around partners alternating sides

29-30 All double back to places

31-32 All turn single

Part 2

1-8 Side right, side left

9-32 Repeat chorus with men leaving first

Part 3

1-8 Arm right, arm left

9-32 Chorus with women leaving first

New Yer

Gresley Manuscript - c1500

Arrangement: 3 individuals in a line

1-8 4 doubles forward

9-15 Person 1 double away, 2 follow, 3 follow

16-22 All half turn in a double, 3 times

23-28 Person 3 double away, 2 follow, 1 follow

29-30 All half turn in a double

Newcastle

Playford (1651)

Arrangement: A round set or square of 4 couples.

Part 1

1-4 All take hands, double into center, fall back

5-6 Partners set

7-8 "Nexts" set (to find your next, face your partner, turn slightly in toward the set, and find the next person of the opposite gender)

9-16 Repeat 1-8

17-20 Partners arm right, ending with men forming a left-hand star

21-24 Men go once around while women skip quickly around them clockwise to original places (note that this all happens very quickly)

25-28 Partners switch by arming right 1/2, placing women into a left-hand star

29-32 Women go once around while men skip quickly around them,

21-24 1st and 3rd couples double forward while 2nd & 4th fall back, then 1st & 3rd couples take hands and circle around to place.

25-32 Repeat 17-24, with the 2nd and 4th couples going in first.

Part 3

1-8 Arm right, Set and turn single.

9-16 Arm left, set and turn single.

17-24 Men double into the center, face out, and wait while the women go around once on the outside. Men double back to place on bars 23-24.

25-36 Repeat 17-24, with the women going into the center while the men circle.

Gathering Peascods

Playford (1651)

Arrangement: A circle of couples

Part 1

1-4 Eight slip steps to the left

5-6 Turn single

7-10 Eight slip steps to the right

11-12 Turn single

Chorus

13-18 Men go in, take hands, slip left 8 and go back out

19-24 Women go in, take hands, slip left 8 and go back out, returning to their partner

25-26 Men double forward and clap

27-28 Women double forward and clap while men go back to place

29-30 Men double forward but don't clap while women return to place

31-32 Men return to place, turning single as they do so

33-40 Repeat 25-32 with women first

Part 2

41-46 Side right and turn single

47-52 Side left and turn single

53-80 Repeat chorus (13-40) with women going in first, then men

Part 3

81-86 Arm right and turn single

87-92 Arm left and turn single

93-120 Repeat chorus (13-40)

Gelosia

Domenico (1450)

Arrangement: a three couple set

Part A

1-8 Eight saltarelli, starting left.

Part B

9-10 Man 1 does 3 contrapassii (all left) around woman 1 to reverence left to woman 2

11 Man 2 saltarello right to man 1's place

12-13 Man 1 does 3 contrapassii (all left) around woman 2 to reverence left to woman 3

14 Man 3 saltarello right to man 2's place

Part C

15 Man 1 saltarello right behind woman 3 to man 3's place

Part D

16-19 Take hands and 8 pive (starting left)

Part E

20 Drop hands. Couple 1 piva left to mezavolta left (essentially cast off in place to end facing partner)

21 Couple 2 the same

22 Couple 3 the same

Part F

- 23-25 Partners take right hands, 3 sempii (starting left) to trade places
26-28 Partners take left hands, 3 sempii (starting right) to return to place, end with all holding inside hands and facing forward

Repeat dance twice more, until each man returns to his starting place.

Gioioso in Tre Ebreo (1463)

Arrangement: one woman and two men:M1-W-2

Part 1

- 1-2 All ripresa left, ripresa right, (drop hands),
3-5 Woman takes 2 sempii (starting left) to meet M1, and arms left with him with 2 doppi (L & R)
6-7 All ripresa left, ripresa right
8-10 Woman takes 2 sempii (starting right) to meet M2, and arms right with him with 2 doppi
11-12 All ripresa left, ripresa right
13-15 Men cross in front of woman with 2 sempii and 2 doppi, passing left shoulders
16-20 Repeat 11-15

Part 2

- 11-12 Ripresa left, ripresa right, (drop hands)
13-14 All do 2 sempii (starting on left) and 1 doppio forward (drop hands)
15-16 Woman ripresa right, ripresa left, as men volta tonda
17-18 Volta del Gioioso (2 sempii to turn 360 degrees to left, ripresa right)

11-18 Repeat

Part 3

- 19-26 (twice) 16 Saltarelli (starting left), (drop hands)

Part 4

- 27 Woman movimento
28 Men movimento
29-30 Woman doppio left to leave
31 Men movimento
32 Woman movimento
33-34 Men doppio left to join woman
27-34 Repeat on other foot, woman still going first, but all turn around after their doppio

Repeat dance.

Giove (aka Jupiter)

Domenico

Arrangement: 3 in a column

Part 1

Three quadernaria doubles and a bassadanza voltatonda (2 singles & a ripresa right)

Repeat

Part 2

Half hey with hands quadernaria doubles, starting with man at top with R hand (woman ends up only dancing near top)

All do 2 bassadanza singles and double forward

Half hey with hands, starting with new man at top with R hand (woman ends up only dancing near top)

All do 2 bassadanza singles and double forward

Part 3

Pive hey with 9 pive

9-13 Fast reverence, approach partner, embrace

14-26 Repeat 1-13, ending up in own place

Maltese (Turkish) Bransle SCA Choreography

Arrangement: A circle of dancers.

Part A

Double left, double right. Repeat.

Part B

Raise hands, three singles into center, clap 3 times.
Three singles out to place, clap or kick 3 times.

Mary-Grace's Rose David Oxford (2001), in the style of Playford (1651)

Arrangement: Round for 8

Part 1

- 1-4 Hands all, a double forward and back.
5-8 Partners set and turn single.
9-16 Repeat 1-8.
17-20 Heads cast off, meet contrary outside sides, come between them, meet partners in the middle.
21-24 All two singles back, a double forward, heads meeting in the center. All clap.
25-32 Women in the center turn by the right and by the left while men in the center go between the couple to their left to do a hey with them, all falling to place at the end.

Part 2

- 1-4 Side to right shoulders.
5-8 Set and turn.
9-12 Side to left shoulders.
13-16 Set and turn.

17-32 As in Part 1, except the sides going first.

Part 3

- 1-4 Arm right.
5-8 Set and turn.
9-12 Arm left.
13-16 Set and turn.
17-32 As in Part 1.

Mayden Lane Playford (1651)

Arrangement: longways set of 3 couples

Part 1

- 1-4 Double forward and back
5-8 Repeat
9-12 All face left and double forward and back
13-16 Men and women go a single hey on each side
17-20 Set and turn
21-24 Set and turn

Part 2

- 1-8 Siding
9-10 All a double back
11-12 All a skipping double to change places with partner
13-16 Repeat 9-12
17-20 Set and turn
21-24 Set and turn

Part 3

- 1-8 Arming
9-10 First man change with the second woman
11-12 First woman change with the second man, while the third couple changes places
13-14 First man change with the third woman
15-16 First woman change with the third man, while the second couple changes places
17-20 Set and turn

7-8 Seguito left back into place.

Section B: Ladies only repeat section B

Section C: All repeat section C above.

Part 6

Repeat part 5, this time the men doing what the ladies did.

Part 7

Section A

Men take their partners by the right arm, and dance around them, then take the left arm of the contrary, and dance around them.

1-4 Two spezzati and a seguito around your partner.

5-8 Two spezzati and a seguito around your contrary.

Section B: All repeat section B above.

Section C: All repeat section C above.

Lorayne Alman

Inns of Court (1570)

Arrangement: a processional line of couples.

Part A

Four doubles forward, hopping at the end of each.

Part B

Double forward, double backwards, double forward, double to turn in place away from partner.

Part C

Repeat Part B.

Repeat dance as necessary

Ly Bens Distonys

Gresley Manuscript - c1500

Arrangement: Individual couples

Part A

1-4 Two singles and double forward

Part B

1-2 Men 3 steps fwd RLR and turn to face while Ladies double R back

3-4 Both go to each other's former places by moving diagonally: Men with 3 steps LRL and a turn to face original direction. Ladies with a Double L

5-6 Ladies 3 steps fwd RLR and turn to face while Men double R back

7-8 Both go to original places by moving diagonally: Ladies with 3 steps LRL and a turn to face original direction Men with a Double L

9-10 Take hands. Single forward and back

11-12 Turn single away from partner, then take hands

Repeat ABABAB...

Madam Sosilia Alman

Inns of Court (1570)

Arrangement: A processional line of couples.

Part A

1-2 Single left, single right forward

3-4 Double left forward

5 Single right back

6-10 Repeat 1-5

Part B

1-2 Face partner, drop hands, set left and right

3-4 Slow reverence

5-8 Two singles and a double forward, passing right shoulders to end up in partner's place facing partner

Part 4

All two saltarelli forwards

1st & 3rd change places with 2 saltarelli clockwise

Middle alone does bassadanza voltatonda

Repeat part 4

Part 5

1 & 2 reverence

2 & 3 reverence

Gracca Amorosa

Caroso (1581)

Arrangement: 1 couple facing without holding hands.

Part 1A

1-2 Riverenza minima (facing)

3-4 Spezzato left & right (in a wheel clockwise half way)

5-6 Spezzato left & right (circling over left shoulder)

7-8 4 Trabuchetti (lrlr - facing)

Part 1B

1 Spezzato left to the left flank

2 1/2 Riverenza right

3 Spezzato right to the right flank

4 1/2 Riverenza left

Chorus

1-2 Spezzato left & right (flankingly backwards)

3-4 3 Riprese & 1 Trabuchetto left (turning the left flank in & traveling inward)

5-6 Spezzato right & left (flankingly backwards)

7-8 3 Riprese & 1 Trabuchetto right (turning the right flank in & traveling inward)

Part 2A

1-4 4 Spezzati (lrlr - in a wheel clockwise full circle)

5-6 4 Trabuchetti (lrlr - facing)

7-8 Spezzato left & right (circling over left shoulder)

Part 2B

1-2 Scambiato left to the left flank

3-4 Scambiato right to the right flank

Chorus

Part 3A (Man's Solo)

1-2 Spezzato left & right (man solo flankingly forward)

3-4 4 Trabuchetti (lrlr - facing)

5-6 Spezzato left & right (circling back over left shoulder)

7-8 4 Trabuchetti (lrlr - facing)

Part 3B (Man's Solo)

1 Passo left to the left flank

2 1/2 Riverenza right

3 Passo right to the right flank

4 1/2 Riverenza left

Chorus (both man & lady)

Part 4A & 4B

Lady does same solo as the man in Part 3

Chorus (both man & lady)

Part 5A

1-2 Seguito ordinario left to the left flank

3 2 Riprese right facing

4 Trabuchetto right & left

5-6 Seguito ordinario right to the right flank

7 2 Riprese left facing

8 Trabuchetto left & right

Part 5B

- 1 Passo left (flanking forward)
- 2 1/2 Riverenza right (touching right hands)
- 3 Passo right (flanking forward)
- 4 1/2 Riverenza left (touching left hands)

Chorus

Grene Gynger Gresley (1500ish)

Arrangement: Couples in a line

- 1-4 Trett, retrett (step forward, back). Double forward. Repeat
- 5-8 Heart: 2 singles away from partner, 1 double turning over outside shoulder & circling to face partner
- 9-10 2 slip steps down the hall holding leading hands
Flip to back to back (holding same hands)
- 11-12 2 slip steps up the hall
Turn to face
- 13-14 Turn left, double away from partner. Turn, return to partner
- 15-18 Double back from partner, double forward to meet
- 19-23 Heart: Facing down the hall. 2 singles away from partner, 1 double turning over outside shoulder & circling to face up the hall again.

Grimstock Playford (1651)

Arrangement: A longways set of 3 couples

Part 1

- 1-4 Double forward and back
- 5-8 Set and turn single.
- 9-16 Repeat 1-8

- 17-24 Mirror hey: men do right shoulder hey while women do a left shoulder hey.

Part 2

- 25-32 Side right, Set and turn single
- 33-40 Side left, set and turn single
- 41-48 Over-and-under figure, a la Trenchmore, aka arched hey. First couple starts by going under an arch made by second couple, and then forms an arch over the third couple, while the second couple turns around, until all to place

Part 3

- 49-52 Arm right
- 53-56 Set and turn single
- 57-64 Arm left, set and turn single
- 65-68 Half mirror hey, with the first couple beginning by crossing right shoulders and going on the inside
- 69-72 Half mirror hey, with the first couple (who are in third position) beginning by crossing

Hearts Ease Playford (1651)

Arrangement: A set of 2 couples facing
Rotate sets 90 degrees from other sets

Part 1

- 1-4 Double toward the other couple and double back
- 5-8 Repeat 1-4.
- 9-10 Face your partner and double backward away from them
- 11-12 Double toward partner
- 13-16 Turn your contrary by the right hand one time around
- 17-18 Face your contrary and double backward away from them
- 19-20 Double toward contrary
- 21-24 Turn your partner by the left hand one time around

Lo Spagnoletto Negri (1602)

Setting: Two couples in a circle facing inwards.

Seguito is two steps, then spetzato

Part 1

Section A

- 1-2 "Riverenza breve" -- done in two bars in the same way as a riverenza minima, concluding with a small jump.
- 3-4 Seguito, stepping to the left around the circle.
- 5-6 Two fioretti spetz, left then right.
- 7-8 Seguito, stepping to the left again.

Section B

- 9-10 Three sottopiede, followed by a cadenza.
- 11 Trabuchetto, to the right.
- 12 Seguito left, turning on the spot.
- 13-14 Three sottopiede, followed by a cadenza, this time traveling to the right.
- 15 Trabuchetto to the left.
- 16 Seguito right, turning on the spot.

Section C

- 17-18 Two passi backwards, right then left.
- 19-20 Seguito left, moving forwards into place.
- 21-22 Two passi backwards, again beginning on the right.
- 23-24 Seguito right, moving forwards into place.

Part 2

Section A -- Ladies only

- 1-2 2 passi forwards into the center of the circle, so as to move closer together.

- 3-4 Seguito on the left foot, moving past each other right shoulder to right shoulder, and around into each other's places.
- 5-6 Two spezzati, moving back around the circle to the right.
- 7-8 Seguito back into place with the right foot.

Section B: Ladies only repeat section B
Section C: All repeat section C above.

Part 3

Repeat part 2, this time the men doing what the ladies did.

Part 4

Section A

All dance around the circle to the left.

- 1-4 Facing to the left, moving around the circle 2 spezzati, 1 seguito.
- 5-8 Continuing to move around the circle to the left. 2 spezzati, 1 seguito.

Section B: All repeat section B above.
Section C: All repeat section C above.

Part 5

Section A

Ladies only, dancing around the inside of the circle to the left, turning their right sides forwards as they move to the left.

- 1 Two passi, left then right. These are one beat each, done towards the opposite lady.
- 2 Trabuchetto left then right.
- 3-4 Seguito left, moving shoulder to shoulder around the opposite lady.
- 5 Two steps, left then right, moving back towards your original place.
- 6 Trabuchetto right then left, back to back with the opposite lady.

Leoncello (1450)**Domenico (1450)**

Arrangement: Couples

Part 1

1-6 Six saltarelli

Part 2

7 Man movimento, then woman movimento

8 Man moves to right of woman with a right saltarello and turn

9 Woman movimento, then man movimento

10 Woman moves to right of man with a right saltarello and turn

Part 3

11-13 Man does 4 sempii and 1 doppio away from woman, starting left

14-16 Woman does same to join

Part 4

17-18 Man does 3 contrapassii away

19-20 Woman does same to join

Part 5

21-23 Man does 2 sempii and 2 doppi away

24-26 Woman does same to join

Part 6

27-28 Ripresa left and right

29-31 Two sempii, 2 doppi

32-33 Ripresa left and right

34 Man movimento

35 Woman movimento

Leoncello (1517)**Cochlaus Letter (1517)**

Arrangement: Couples

Part 1

1-6 3 sets of contrapassi (3 fast doubles & riprese to close)

Part 2

7 Man rise, then woman rise

8 Man turns over L shoulder with double

9 Woman rise, then man rise

10 Woman turns over L should with double

Part 3

11-13 Man does 4 sempii and 1 doppio away from woman, starting left

14-16 Woman does same to join

Part 4

All riprese (left, right)

Man does 1 set of contrapassii away

Woman does same to join

Part 5

Take R hands, circle clockwise with 2 sempii and 2 doppi

Take L hands, circle clockwise with 2 sempii and 2 doppi

Part 6

27-28 Ripresa left and right

29-31 Two sempii, 2 doppi

32-33 Ripresa left and right

34-36 Man movimento, Woman movimento

Part 2

25-28 Side right with your partner

29-32 Side left with your *contrary*

33-48 Repeat 9-24

Part 3

49-52 Arm right with your partner

53-56 Arm left with your *contrary*

57-72 Repeat 9-24

Hit and Misse**Playford (1651)**

Arrangement: 2 couples facing

Part 1

1-4 Double toward the other couple and double back

Chorus

1-8 Double in with partner, take contrary's hand, double out away from the other couple, turn around, switch hands, double back, fall back with partner

9-16 Single hey for 4

Part 2

1-4 Side Right, Left

*Chorus*Part 3

1-4 Arm Right, Left

*Chorus***Honeysuckle Alman****SCA Choreography by Master****Robyyan**

Arrangement: A processional line of couples.

One "pavan set" of steps is a single, single, double.

Part A

1-8 Two pavan sets forward starting on the left

9-12 Face partner, set and turn single, starting left

13-24 Repeat 1-12, starting and setting right first

Part B

25-28 Face partner, hold both hands, turn in a circle clockwise with a pavan set starting on the left

29-32 Circle in the opposite direction with a pavan set starting on the right

33-34 Drop hands, single left back, single right back

35-36 Double left forward to face partner

37-38 Double right forward to change places with partner, passing right shoulder

39-52 Repeat 25-38

Horse's Bransle**Arbeau (1598)**

Arrangement: Couples

Part A

Take partner by both hands, with the lady having one arm behind her back, both facing the same direction.

Dance 8 galloping doubles about the room.

Part B

Stop and face partner. Men stomp twice, step to right, turn over left shoulder, back to place.

Women paw ground twice, step to right, turn over left shoulder, back to place.

Dance repeats.

Hyde Park

Playford (1651)

Arrangement: Square of 4 couples.

Part 1

- 1-4 First and third couples forward and back a double
5-8 Second and fourth couples forward and back a double
9-10 First and third men take partners with both hands, slip into center to meet
11-16 First man and third woman join both hands, slip out between the fourth couple, and cast to place. Third man and first woman do likewise at the same time
17-24 Second and fourth couples repeat 9-16

Part 2

- 25-32 Repeat 1-8 above
33-34 Second and fourth couples take both hands with their partner, turn halfway, and make an arch
35-40 First and third couples face their partner, pass by the right shoulder to go outside the set, around the arches, meet their contraries, go under the arches together, and return to place, ending improper
41-42 First and third couples take both hands with their partner, turn halfway, and make an arch (these couples are now proper again)
43-48 Second and fourth couples do figure in bars 11-16, ending proper

Part 3

- 49-56 Repeat 1-8 above
57-64 Men pass in front of their partners, behind the next woman, and so on, weaving

counterclockwise around the circle back to place
65-72 Women weave the circle clockwise, passing in front of their partner to start.

If All the World Were Paper Playford (1651)

Arrangement: Square of 4 couples

Part 1

- 1-4 All take hands, double into the center, and fall back a double
5-8 Face partner, set and turn single
9-16 Repeat 1-8
17-18 Men 1 and 3 change places across the set, passing right shoulders
19-20 Ladies 1 and 3 the same.
21-24 Couples 1 and 3 two changes of a hey to place
25-40 Couples 2 and 4 do as 1 and 3 did in measures 17-24

Part 2

- 1-4 Side right with partner
5-8 Set and turn single
9-12 Side left with partner
13-16 Set and turn single
17-20 Couples 1 and 3 meet a double, take contrary by the hand and lead out between couples 2 and 4, drop hands and cast off to places
21-24 Couples 1 and 3 turn partner once around by both hands
25-40 Couples 2 and 4 do as 1 and 3 did in measures 17-24

Part 3

- 1-4 Arm right with partner
5-8 Set and turn single
9-12 Arm left with partner
13-16 Set and turn single

17-20 Man 1 and woman 3 change places, passing left shoulders, while man 3 and woman 1 do the same

21-24 Couples 1 and 3 change places with partners, passing right shoulders. Man 1 and woman 3 change places by left hands while man 3 and woman 1 do the same. Couples 1 and 3 change places with partners by right hands. (In essence a hey, using hands only on the last two changes)

25-40 Couples 2 and 4 do as 1 and 3 did in measures 17-24

Jenny Pluck Pears

Playford (1651)

Arrangement: A circle of 3 couples.

Part 1

- 1-4 Eight slip steps to left
5-8 Face partner, set and turn single
9-12 Eight slip steps to right
13-16 Face partner, set and turn single
17-18 First man places first woman into the center of the circle, facing him
19-20 Second man does the same
21-22 Third man does the same
23-24 Reverence
25-32 Men skip clockwise around circle, outside women
33-40 Men skip counter-clockwise back to place
41-46 Men hand out women in same order
47-48 Reverence

Part 2

- 1-8 Side to right shoulders, set and turn single
9-16 Side to left shoulders, set and turn single

17-48 Repeat Part 1: 17-48, but the women placing the men in the center and skipping about the set

Part 3

- 1-8 Arm right, set and turn single
9-16 Arm left, set and turn single
17-48 Repeat Part 1: 17-48

L'Angelosa

Cochlaus Letter (1517)

Adapted from Helena Hrolfsdottir
Arrangement: Couples

Part 1

- Four doubles forward, quick bow/reverence
One double backwards
Turn to face partner, full bow/reverence
Repeat part 1

Part 2

- Take right hands, change places with 1 double
Three doubles away from partner, look back at them with emotion
Moving in a zigzag pattern return to your partner with a set of contrapassi (3 "fast doubles" or a piva and a close)
Take right hands and bow on the right
Repeat part 2 – taking left hands and bowing left

Part 3

- Take right hands and circle with 4 fast doubles
Take left hands and circle with 4 fast doubles